



Weekly Newsletter for the 24th March 2025

Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.

Projects

Third Building Project



The Governance Committee has decided to discontinue the proposal to build a third shed adjacent to our leased Abbots Way property .

After thorough evaluation and three and a half years with minimal progress., it has become



Notices

Next Barbecues

**Friday 28th of March then Tuesday 8th April
at noon on the deck.**

Join us.....you will be perfectly safe!

Despite the wildlife.



Tuesday Speakers

Tuesday 25 March

Janet Mikkelsen from a Aroha funerals will discuss 'After Death' ideas and options.

Tuesday April 8th

**LIVE STRONGER
FOR LONGER**

PREVENT FALLS & FRACTURES

Sarah Freiberg from Harbour Sport will talk about how to prevent falls for the 65+. She will give us some basic exercise options to do at home and some useful resources to help.

**Future Presentations
The Joys of Macular degeneration .**

Have you got a story to tell or would you like a speaker on some other subject?.

Talk to Mal McLennan, to book a slot

Retirement Village Seminar

**We are putting together a seminar about retirement villages –
We're looking for your questions –
send to the Shed's email, hand in to the office or give them to Mal McLennan
It will be held in April before Easter.**

Weekly Workshop

The Wood Lathe

Click the picture to learn how to use a wood lathe.



More Training videos are on our website on the video page under training videos.

Click [HERE](#) to see them

Community News

Bunnings Easter Family Night

April 10th starting at 5 pm

**We will have our cars and other amusements.
We need members to help with activities
Bernie Ward is our co ordinator.
Please register your interest.**

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The Afterlife of Shed Sales



The repurposed copper wash tub was purchased a couple of weeks ago by Sheddie Peter Buchanan.

It is now a lily pond, with purple blooms expected.



Sheddie Alan Lendrum advises his very happy left handed grandson is improving his swing.

Thanks to the Mens Shed!

Alan purchased the power packed set of golf clubs we sold recently.

Old Projects To Be Binned!



We are having trouble storing things in the shed.

Personal Projects are taking up too much space and causing major problems .
Please store these projects elsewhere and free up space for raw materials and community projects.

Old personal projects that have been sitting for too long will be "tossed out" shortly so you are advised to claim them before they go in the tip.



Mal's Corner

**You think you know stress ?? -
when I was growing up if you missed a TV show –
you just missed it – forever!**

**It turns out that when asked the name of your favourite child,
you're supposed to pick one of your own –
I know that now!**

**The fact that there is a highway to hell (SH1 NZ) and
a stairway to heaven, says a lot about the anticipated traffic?**

**Feel The "Pressure"
Just click the pic**



Our Shed is open Monday to Saturday 9am till midday

and on Tuesday afternoon till 3 pm

Have a great week folks

Kevin H

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