



**Weekly Newsletter for the 10th March 2025**

**Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.**

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## **Projects**

### **The Rebar Roost**



Malcolm Hardie and his mates in the shed built this everlasting bird feeder out of steel reinforcing bar.

Even built 2 model birds to encourage others to visit.

Will look more cool as the rust develops!  
Sits in anticipation in Malcolm's garden.

## Pet Graveyard Markers



Another interesting project was these crosses for our little mates that have passed. Engraved with pets names and dates. A great remembrance of those who have been so close.

Next on the list is a giant mesh wreath. Designed to accept flowers on Anzac day.

## Events

### This Month's Barbeques

**Tuesday 11th and Friday 28th of March  
at noon on the deck.**



Come and get me folks....I'm yours...FREE ;-))  
*Saucy Sausage*

**Wellness Group “Get Together”**  
Wednesday 12<sup>th</sup> March at 12:15pm.





The next Wellness Group “get together” will be held at the  
**Stone Bake Café, Lunn Avenue.**  
**A very Warm Welcome is Extended to Anyone**  
interested in having a chat and sharing ideas, in a confidential setting.

For further information contact:

Pete Montgomery	0274 966 901
Bob Lawton	022 017 8213
Ken Duncalfe	0274 931 463

## Notices

**Hey "Lefties"**  
**Its your lucky day!**





A bag of left handed golf clubs has just fallen into our hands!  
Features great grips, a pony putter you cant miss with, and "whistling" woods.  
Move to the front of the crowd, with this cool set of clubs  
**Just make Bernie an offer he "cant refuse"**

**Copper Planter for sale—**  
(the last one we did sold to a member for \$200)



“If you are looking to make a garden statement look no further. Here is a beautifully patinated copper wash tub from the early 1900s recycled as a planter. We have mounted it in a sturdy recycled hexagonal mahogany frame. The visible screws and fittings are brass. It is 250 high and 630mm across the frame. Apart from taking out some dents we have not interfered with the patina. But if you like your copper polished some vinegar, salt and elbow grease will make it shine. Yours for a \$200 donation.

## **Donations to the Shed**

There have been a lot of un-approved donations coming in this year which is adding to our storage and disposal problem. We have become a dumping ground for other people’s waste including Shed Members and the ‘magpies who find things on the side of the road.’

**Our rule is simple:**

**Any donation of equipment or materials must be approved by one of the following before it comes to the Shed.**

**Donation Approvers:**

**David Blackmore 021 181 9520**

**Bob Lawton 022 017 8213**

**Don Morrison 021 0245 3337**

**Douglas Ormrod 022 079 3349**

**In the meantime we are not accepting any donations until the end of March while we clear and reorganise the storage.**

## **The Chip Project is Booming!**

Following the recent visit to the shed, Sidney and Alan Simpson have agreed to manage the collections and cleaning of empty chip packets to be delivered by Bruce Coe to St Heliers to be used for making thermal survival blankets

Members are encouraged to bring their empty chip packets to the shed, preferably washed and clean for this worthwhile project.

**There will be a collection box in the foyer.**

## **March Governance Committee Meeting Tuesday 18 March at 11am**

Got something that needs discussing?

Speak to a committee member to get it on the agenda.

## **Retirement Village Seminar**

We are putting together a seminar about retirement villages – the pros and cons

It will be run largely on the basis of a Q&A so we're looking for your questions – send to the Shed's email, hand in to the office or give them to Mal McLennan

**It will be held in April before Easter.**

## **Community News**

### **Kaipatiki Project.**

Quick update [HERE](#)

### **Dementia Talk**

Friday April 4th 10 am

On line via ZOOM

A recording of the session will be forwarded after the event to paid participants.

"Join us for our next Dementia Talk, 'Health and Disability Advocacy Service'. Hosted by Winifred Henderson (Senior Educator Dementia New Zealand), we will be joined by Health and Disability Advocate Emma Cooper-Williams."

[BOOK HERE](#)



## **Bunnings Easter Family Night**

April 10th starting at 5 pm

We will have our cars and other amusements.

We need members to help with activities

Bernie Ward is our co ordinator.

Please register your interest.

## **Public consultation on Auckland Council's Annual Plan**

**is now open,**

" we want to hear from Ōrākei residents whether we've got our priorities right!"

Please receive a warm invite to the Ōrākei community forum to have your say on the proposals for Auckland's Annual Plan 2025/2026:

- **Tuesday 11 March 2025, 5.30pm to 7pm**
  - **Tagalad Reserve Bowling Club,**
  - **9 Tagalad Road, Mission Bay**
- **(available entry 6A Nihil Crescent as well)**
  - We look forward to seeing you there.

Light refreshments will be offered;

**For catering purposes RSVP to:**

- Community broker
- [Lucia.davis@aucklandcouncil.govt.nz](mailto:Lucia.davis@aucklandcouncil.govt.nz) and/or
- Engagement Advisor
- Lionel Anderson
- [lionel.anderson@aucklandcouncil.govt.nz](mailto:lionel.anderson@aucklandcouncil.govt.nz)



**Mal's Corner**

**Jokes from the Edinburgh fringe festival-**

**I was going to sail around the globe in the worlds smallest ship**

**but I bottled it !**

**I've been taking salsa lessons for months, but I just don't feel like I'm progressing.**

**It's just one step forward .....two steps back.**

**I sailed through my driving test –**

**that's why I failed it**

## **Parkinson**

Clic the Pic  
Suffer the ads, Enjoy the Video...



**Our Shed is open Monday to Saturday 9am till midday**

**and on Tuesday afternoon till 3 pm**

***IT will be a great week folks***

**In those famous words of Captain Kirk on the Starship Enterprise**

**"MAKE IT SO"**

**Kevin H**

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