



Weekly Newsletter for the 10th November 2025

Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.
Otherwise you could get lost and miss out on some vital information.

The Remuera ChristianTrust Board

Granted us \$3,000 for 2 Community projects.

- \$1,500 for making shroud boards for Aroha Funerals to pass on to worthy community recipients (at no cost to the recipients).
- \$1,500 for designing/making tactile toys for the Community Stroke Rehabilitation (CSR) unit of Middlemore Hospital. This has long been a passion project of Bernie's . Roger Van Kylenbyurg and Bernie Ward will work together on this

November Barbecues

Tuesday 11th and

Friday 28th (After our monthly cleanup)

SMC Meeting

(Shed Management Committee)

Friday Nov 14th

Dove Hospice Garden Ramble

Saturday Nov 15th

10:00 AM – 4:00 PM

Tour Private gardens across Auckland's Eastern Bays

MORE INFORMATION and booking [HERE](#)

Stonefields Market Day

Saturday Nov 22nd

10 am to 1 pm.

Liase with Peter Montgomery for manning and stock.

Wellness Group

Next Meeting

Stonebake Café

Monday Nov 24th

At 12 noon.

Whether you're a regular attendee or visiting the group for the first time, this is a great opportunity to share stories over coffee and support one another in a safe environment.

Just turn up, or talk to one of the organisers.

Everyone is welcome.

Pete Montgomery 0274966901

Bob Lawton 0220178213

Ken Duncalfe 0274931463

Board Meeting

Tuesday Nov 25th

at 11 am

Christmas / Partners Evening

(Members and Partners only please)

Thursday 4 December

4.30 to 7pm

Family Day

Saturday 7th February

10 am - 2 pm

Free Cat desexing vouchers:

SPCA Snip & Chip

Vouchers are currently available to the public until approx. mid-December.

The link to access free vouchers is here: <https://snipnchip.sPCA.nz/>

(note it states there is a \$30 charge – this is incorrect; it's free).

The Health of Waitaramoa /

Hobson Bay Community Gathering —

Auckland East Community Network

Saturday, 22 November 2025

2:00 pm 3:30 pm

MORE HERE

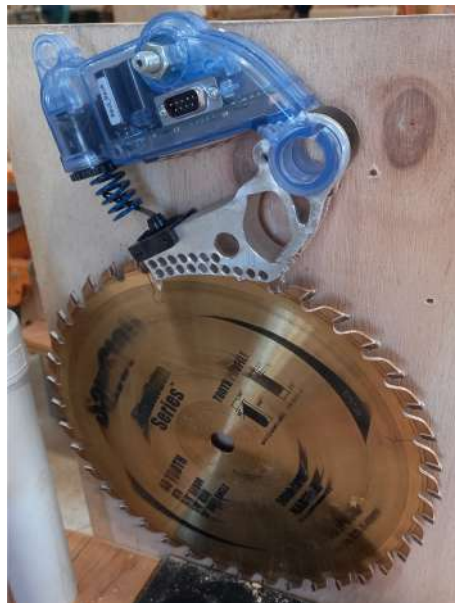
When it comes to Quality Control

" three heads are better than one"



Something went "BANG"

in the Shed Last Week !!



Turns out our new SawStop Saw doesn't like wet wood. The "SawStop" mechanism (The Blue Bit) is triggered by the completion of an electrical circuit.

This can be through a person touching the blade or very wet wood. Up to 15% moisture is fine – but the wood being cut was 34% moisture.

The blade was stopped last week, instantly, by the sacrificial "Dog" (The Silver bit) when a circuit was completed, by cutting wood with a high moisture content.

This required replacement of the blade and the trigger cartridge. (Expensive !)

Sheddies must take care when cutting wet wood on the SawStop Saw.

A moisture meter has been placed adjacent to the saw to facilitate moisture measurement and ensure this doesn't happen again.

If wet wood must be cut, then the safety mechanism can be switched off with a key, But only by one of the two workshop supervisors, Bruce Hopwood or Douglas Ormrod.

Whats wrong with the Mower ?



Find out by clicking [HERE](#)

Quotations of the Week

A rubber band pistol was confiscated from an algebra class,
because it was a weapon of Math Disruption .

My luck is so bad that if I purchased a cemetery,
people would stop dying !!

Victor Borge said-

Santa Claus has the right idea -
visit people only once a year.

Have a Great Week

Kevin (Ed)

MENS SHED AUCKLAND EAST INC

Waatarua Reserve, 98 Abbotts Way, Remuera, Auckland 1050, New Zealand

Facebook: Search Men's Shed Auckland East

Website: www.msae.nz

Email: mensshedaucklandeast@gmail.com

Landline: 09 880 9800

News or notices: send to: editor@msae.nz

MSAE BANK Account Number ASB 12 3618 0064616 00

(Donations gratefully accepted and go towards building a stunning

Community Facility for members today and far into the future.)
