



Weekly Newsletter for the 12th January 2026

Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.
Otherwise you could get lost and miss out on some vital information.

Looking Back:
How the Mezzanine Floor was Built by Shed
Members



When the idea of a mezzanine floor was first raised in the Shed, it was little more than a sketch, a few measurements, and plenty of good-natured debate. Looking back now, it stands as a proud reminder of what can be achieved when members roll up their sleeves, share their skills, and work side by side. Built entirely by our own hands, the mezzanine floor is more than extra space — it represents teamwork, problem-solving, and the spirit of mateship that defines our Shed.

Join us, as we take a step back and see how it all happened [HERE](#)

Projects

Clock Fix



Using the power of Shed friendships, Michael Buczkowski recently refurbished his treasured Black Forest Hunting Clock, in the Shed.

Master Carver, Stephen Petterson, carved and colored an ear for the Deer Head of the clock and shortly Michael will clean and oil the mechanism under the watchful eye of Clockmaker Michael Cryns.

All ready to resume its pride of place in Michaels Master Establishment.

Animal Quiz

1. Which animal has fingerprints that are almost identical to humans?
2. What is the only bird known to fly backwards?
3. Which mammal can hold its breath the longest underwater?

4. **What do you call a group of crows?**
5. **Which animal's heart is located in its head?**
6. **What is the fastest land animal?**
7. **Which animal never stops growing throughout its life?**
8. **What is the largest species of shark?**
9. **Which animal sleeps standing up and can lock its legs to avoid falling?**
10. **What is the name of a baby kangaroo?**
11. **Which animal has the strongest bite force relative to its size?**
12. **What is the only mammal capable of true flight?**
13. **Which animal is known to laugh when being tickled?**
14. **What animal can regenerate lost limbs and even parts of its heart and brain?**
15. **Which animal has blue blood?**

[Click HERE for the answers](#)

Weekly Workshop

How to Use a Circular Saw.

Everything you need to know.



[Click HERE to view](#)

More Tutorials on our website Video page

<https://www.mensshedaucklandeast.org.nz/video/training/>

[Click HERE](#)

Wellness Group-

There will be another get together of the Wellness Group at Stonebake Café on

Monday 19th January at 12 noon.



Whether you're a regular attendee or would just like to come along out of curiosity, it is a great opportunity to share experiences over lunch and support one another in a confidential and safe environment.

As always, everyone is most welcome.

If you wish to learn more about the group, please do not hesitate to contact

Pete Montgomery 0274966901

Bob Lawton 0220178213

Ken Duncalfe 0274931463

Situations Vacant

Machine Introduction Leader.

We're looking for **two Machinery Introduction Leaders**. Roger, Don L, and

Don M have filled these roles since the Shed practically opened and have now earned a well-deserved step back.

Shed Induction Presenter

We are seeking a **Shed Induction Presenter** to alternate with John Tattersall on a bi-monthly basis. Sessions are scheduled in advance, usually Wednesdays (11:00–12:30), with Saturdays by mutual agreement. There's an easy script to follow — with room to add your own flair.

By stepping forward to help the running of the shed you get a sense of purpose, the opportunity to meet lots of members, discover a bit about them, and enlarge your circle of friends. You also have the opportunity to establish an attitude of care and companionship. We are here for ourselves, our fellow sheddies and our local community. We need to create a culture of caring for each other, our Shed, its Gear and our environment.

Step forward by contacting John Tattersall to discuss what is involved and how you can help.

Email: john.t@winerackers.com **Cell:** [0223080220](tel:0223080220)

Or catch John in the Shed.

January Barbecues

Tuesday 13th and Friday 30th

At Midday

Family and Friends Day

Saturday 14th February 2026

10 am - 2 pm

(Note: Change from 7th Feb. Clashes with Waitangi Day)

Panmure Basin Fun Day

Sunday 8th March 2026

10am - 2pm

Mal's Corner

Every mistake brings the opportunity to learn something allowing us to progress – Thomas Edison.

As a Shed Member – we come from different walks of life, someone's husband, someone's wife. We rise at the crack of Dawn. We go to the Shed to see our mates. Our backs they hurt, our arms as well, our eyes get sore, our ankles swell, clearing throat, asthmatic wheezes, oh how we love this place.

A beaming smile on every face.

The Fastest EVER Lap of the Isle of Man TT

Watch the Video From The Safety Of Your Keyboard [CLICK HERE](#)



Peter Hickman obliterated the outright lap record onboard his BMW M 1000 RR. Hickman lapped the 37.73-mile TT Mountain Course in [16:36](#) with an average speed of 136.358mph.

Have a great week!

Kevin H (ed)

MENS SHED AUCKLAND EAST INC

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MSAE BANK Account Number ASB 12 3618 0064616 00

Donations gratefully accepted and go towards building a stunning Shed for
Members, for today and far into the future.
