

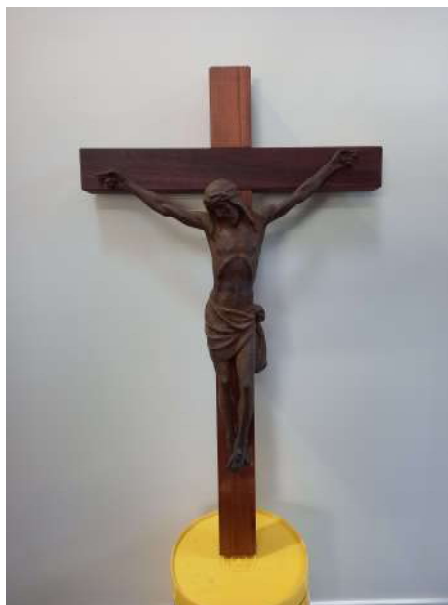


Weekly Newsletter for the 14th September 2026 (165)

Our Purpose - To Sustain or Enhance Members Mental Health and Wellbeing.

*Read the whole newsletter before clicking any links.
Otherwise you could get lost and miss out on some vital information.*

Projects





Projects of note through the shed this week included a new cross made by Don Liggins for a crucifix recovered from a recently burned down church in Auckland and Mark Storey's neighbourly letterbox which he built to replace the worn out one at his residence.





New member Ian Stubbs has stepped into Roger VKs shoes and done a great job of building a water wall for a local kindy.

And "Snow" has done a very effective resurrection of table legs for a brass table.

Future Speakers

Tuesday 15th September - Carolyn (Kim) King

Weasels and stoats: Trap makers - know your target. Kim is a retired professor Emerita, University of Waikato and studied weasels in the UK (1967-71) and stoats in NZ (1971-2025).

Wednesday Workshops

Wednesday 16th September - Stephen P on mezzanine
End grain cutting boards with 3 dimensional pattern design and finishing

Wednesday 23rd September – Pete M
Traditional Linseed Oil demystified with facts and fifteen different uses explained

**Workshops are planned to commence at 10.45 am
immediately following morning Tea.**

Factory Tour

Malcolm Hardie organised a factory tour with his neighbour Darren Milner, recently. So 12 of us turned up last week to visit Milner Mobility in Mt Wellington. This company was set up by Rod Milner of Daihatsu Dealership fame, when his wife was confined to a wheelchair.

Since then the business has grown to be the largest provider of wheelchair equipped vehicles in Australia and New Zealand. The business is now run by Rod's son Darren and his wife and at one time can have up to 100 vehicles on site at various stages of development. A fascinating tour of a business that has grown rapidly during a recession.



Annual Golf Tournament.

Thursday October 1st

At Remuera Golf Club.

9am Start



It is with great pleasure that we announce the **Men's Shed Auckland East, Annual Golf Championship!** Players range from serious slammers to casual chippers, so we're expecting an exciting day on the course — and possibly a few surprises along the way. Clubs and golf carts can be hired for those who don't have their own gear, and there will be memorable trophies for both the **Best Golfer** and the **Greatest Duffer!** After play, we'll retire to the café for a major **debrief and de-coffee**, where the day's successes, disasters and questionable scoring will no doubt be discussed in great detail. Nine players are already booked in, with room for a couple more. We're looking forward to another great Men's Shed event — and a day of golf that will hopefully be remembered for all the right reasons!

Good News Corner

Kākāpō population reaches 325 — a remarkable New Zealand success

A record breeding season has pushed New Zealand's critically endangered kākāpō population above **300 birds for the first time in about 75 years**. Ninety chicks were

added this year, taking the total to **325**. The recovery programme began in 1995 when only **51 birds remained**. It is a wonderful example of persistence over decades—and of what can happen when people keep working at a difficult problem. [Read the kākāpō story here](#)

250,000 trees transform a damaged Northland farm

Two Auckland academics began restoring a badly degraded **1,334-acre Northland property in 2004**. Over the following two decades, more than **250,000 native trees were planted**, wetlands were restored and pest control was introduced. The result? **69 bird species have returned** to the property. [More Here](#)

Barbecues

**Tuesday 22nd September
(following the AGM)**

Wellbeing Group - Mens Shed Auckland East.

The next wellness group meeting will be at Stonebake Café on Monday 21 st September at 12 noon.

Whether you're a regular attendee or visiting the group for the first time, this is a great opportunity to chat and share stories over lunch in a supportive and confidential environment.

Pete Montgomery 0274966901

Bob Lawton 0220178213

Ken Duncalfe 0274931463

Your Say – Letters to The Editor

To get things started, here are a few examples of the sort of letters we'd like to receive from members.

Names have been withheld to protect the innocent!

Dear Editor,

I've been told that every Shed needs a few characters. Fortunately, ours seems to have considerably more than a few. **A Concerned Member**

I was told that spending time at the Shed was good for my mental health. I now understand why. Nobody here asks: **“What are you going to do today?”** They simply say: **“What are**

you making?" Much better question. A Happy Member

I bought a new tape measure yesterday. It's brilliant. It measures in centimetres, millimetres and inches. Unfortunately, it doesn't measure **how long I've been looking for it.**

I have a question. Why do Shed members always say: **"I've only got a little job to do"**? Everyone knows this is Shed language for: **"I'll see you again next Tuesday."**

I have discovered the secret to getting a job finished at the Shed. Don't tell anyone what you're doing. The moment somebody sees you working on something, they will come over, ask what it is, suggest a better way of doing it and tell you about something similar they built in 1974. The job will then take another three weeks.

Someone keeps moving my tools. I know this because I can never find them. On further investigation, I have discovered that **I am the person moving them.** I would like this matter investigated immediately. **Confused Member**

I've been coming to the Shed for years and I've finally worked out what the place is really about. It's not the woodworking. It's not the engineering. It's not even the projects. It's having somewhere to go where someone will listen to a story you've already told them three times. And occasionally they will tell you theirs. Keep up the good work.

A Very Happy Member

I went to the Shed yesterday to sharpen a chisel. Three hours later I had fixed a clock, discussed lawnmowers, drunk two coffees and learnt about someone's trip to Scotland in 1987. The chisel remains exactly as it was.

I have discovered that there are two types of people at the Shed: Those who know how to use a machine.....and those who **know someone who knows how to use it.**

Editor's note: We welcome serious suggestions, useful ideas, interesting stories and, of course, a bit of good-natured humour.

Send your "letters" to editor@msae.nz.

Moans or Complaints will NOT be published.

Letters may be edited for length and clarity (or all 3) and publication is at the editor's discretion.

Annual General Meeting (AGM)

Tuesday, 22 September 2026

Time: 11:00am

Venue: Men's Shed Auckland East Incorporated, 98 Abbotts Way,
Remuera

Parking: Waiatarua Reserve or roadside parking along Abbotts Way.

Following the AGM, you are warmly invited to join the Shed annual photo.

To view the AGM notice, please Click [HERE](#)

Fita Blokes.... Version Four



Download the latest fitness version 4 [HERE](#)

SOP's (Standard Operating procedures) for our new Dust Extraction System

Click [HERE](#) to read.

Latest newsletter from Eastern Bays Songbird



[Click HERE](#)

Mal's Corner



Some people want things to happen,
some wish things would happen
and others make things happen –

which Group are you in ?

I am so old I can remember when
multiplication was called times table

A big mystery in life is
why kamikaze pilots wore a helmet

**Hugh Grant Is the Worst Person to Interview
and It's Hilarious! [CLICK HERE](#)**



Make it GREAT Week!

Kevin H (editor@msae.nz)

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**Donations gratefully accepted and go towards building a stunning Shed for
Members, for today and far into the future.**