



**Weekly Newsletter for the 17th February 2025**

**Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.**

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## **Events**

**Congratulations Basil on your 99th**



Basil Campion was 99 this week and we celebrated with a special cake. We hoped you enjoyed every moment of your special day. [Click here](#) to view the video of this special occasion.

Basil's wife Nanci responded: "Thank you 100 times over. It was so wonderful to sit and

watch this video. I will forward it to his family. All the people that come to Men's Shed have become family to him. I think half of the reason he's still around is because he's got more projects in him!! With thanks, Nanci "

## **Family and Friends Day was a Success!**

**Saturday February 15th**

From 10am until the rain came at 1:30pm more than 60 members, family and friends attended the event at our Shed. Thank you to those members who assisted with the organisation of the day – by any measure it was another successful Shed event.

Thank you to those members who brought along a range of delicious food.

Children enjoyed winding the handle on the water wheel and playing with some of the other creations. Many projects were on display. Some were personal projects rather than community projects. The photographs below illustrate the wide range of projects completed at the Shed. More photos to come next week.











## Mates making music



Our Shed Choir came to life at midday enthusiastically presenting a wide range of songs and entertaining us over lunch.

- . This group is planning to join other Sheds participating in a Shed music festival in Coolum Australia in September this year..

## The Melanoma Van





The Melanoma van was at the shed on Tuesday February 11th. Some members were advised to get spots checked by their doctor or a dermatologist.

## Kawau BBQ

The day trip to Kawau Island planned for the 18th February is cancelled due to lack of support.

## PROJECTS

Are you a **licensed building practitioner (LBP)**? If so, we'd like to have a chat to you. Please let the office know.

## Community News

### 'Living better' Seniors information day

Thursday 13th March

Returned Services Hall in Turua Street, St Heliers



**LIVING BETTER**  
**SENIORS INFORMATION DAY**

Thursday 13 March 10am - 2pm  
Tamaki Ex-Services Association Hall 19 Turua Street St Heliers

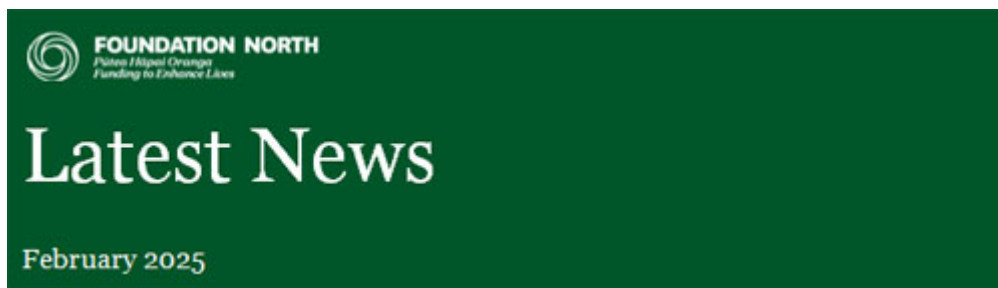
Join us at Saint Heliers Library for the  
Living Better Seniors Information Day!  
This event features insightful talks by:


-  Jacques Sassin from Home Instead Auckland
-  Sheena Hendon from Sheena Hendon Health
-  Sarah Freiberg from Harbour Sport

The poster features a photograph of an elderly couple smiling in the bottom right corner.

It will consist of pop-up stands highlighting local services for Seniors, several 10 minute presentations, light refreshments and takeaway bags.  
John Tattersall will be co-ordinating our participation.

## Latest news from Foundation North



 **FOUNDATION NORTH**  
*Platae Hāpūi Oranga*  
*Funding to Enhance Lives*

# Latest News

February 2025

Read the latest news from Foundation North by [clicking here](#).  
Visit their website at [foundationnorth.org.nz](http://foundationnorth.org.nz).

## Eastern Busway Update



# BUSWAY UPDATE

**Project news on the Eastern Busway  
from Pakūranga towards Botany**

Welcome to the February 2025 update on the Eastern Busway project. It's the first one for the year and a lot of construction progress has been made already.

[Click here to read the newsletter.](#)



## Mal's Corner

If the font is too small, I will not read it – it simply was not meant for me.

A conclusion is the place where you got tired of thinking.

The challenge over retirement is to spend time without spending money.

## Comedy



Still going strong at 74, Andy Huggins is a 45 year veteran of stand-up comedy. He still works on refining jokes, getting stage time, and finding new riffs to make people laugh.

Click the pic, suffer the ads, enjoy the video.

**Our Shed is open Monday to Saturday 9am till midday**

**and on Tuesday afternoon till 3 pm**

**MAKE it a *Great Week folks!***

David Levin (assistant editor)

MENS SHED AUCKLAND EAST INC



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**Website:** [www.msae.nz](http://www.msae.nz)

**Email:** [mensshedaucklandeast@gmail.com](mailto:mensshedaucklandeast@gmail.com)

**Landline:** 09 880 9800

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