



Weekly Newsletter for the 21st September 2026 (166)

Our Purpose - To Sustain or Enhance Members Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.

Otherwise you could get lost and miss out on some vital information.

Daylight Saving's Coming



Sunday, 27 September 2026.

At 2:00 am, the clocks move **forward one hour to 3:00 am**

So you'll have an extra hour of evening daylight — just in time for summer.

Projects

Just for the Birds!



David Blackmore and Murray Gregg display their latest project.
One of a whole bunch of bird feeders made for a local to give as gifts to all her friends for
Christmas....
yes its that time again!

New Feedout Table



Ian Hollister and Douglas Ormrod constructed this new feedout table for the Sawstop saw last week.

Solid, Substantial and very useful for cutting large sheets and long lengths.

Wednesday Workshops

Wednesday 23rd September – Pete M

Traditional Linseed Oil demystified with facts and fifteen different uses explained

**Workshops are planned to commence at 10.45 am
immediately following morning Tea.**

Community Projects Coming up.

Sat Oct 10th Volunteer Expo with our toy car activity

Sat Oct 31st Halloween at St Heliers Community centre with our toy cars.

Sat Nov 21st Stonefields Market Day with our stall.

Wed Nov 25th Summerset St Johns market Stall

Sat Dec 12 Panmure Business Market day

Annual Golf Tournament.

Thursday October 1st

At Remuera Golf Club.

9am Start ...but be there at 8.30 to kit up.

Note: strict dress standards,,,no jeans.

[Click Here for the Protocol](#)

You must have good clubs and a trundler or
rent them from the golf shop.

There is a course warden who monitors the players.

(There are no more spaces, we are fully booked.)

Barbecues

**Tuesday 22nd September
(following the AGM)**

Wellbeing Group - Mens Shed Auckland East.

The next wellness group meeting will be at Stonebake Café on Monday 21 st September at
12 noon.

Whether you're a regular attendee or visiting the group for the first time, this is a great
opportunity to chat and share stories over lunch in a supportive and confidential
environment.

Pete Montgomery 0274966901

Bob Lawton 0220178213

Ken Duncalfe 0274931463

Annual General Meeting (AGM)

Tuesday, 22 September 2026

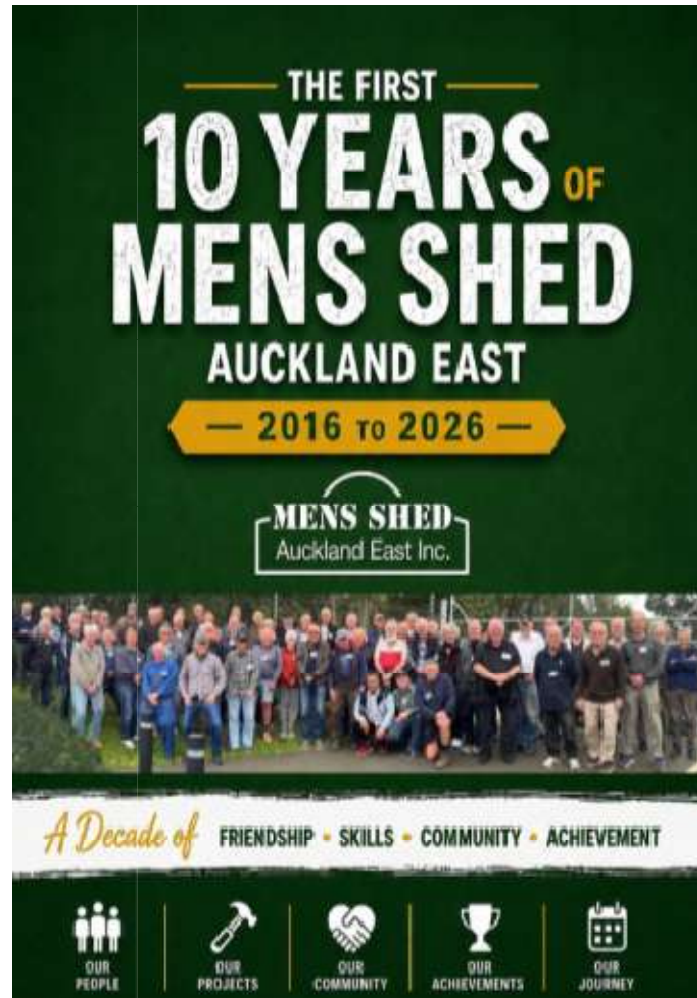
Time: 11:00am

***Venue: Men's Shed Auckland East Incorporated, 98 Abbotts Way,
Remuera***

Parking: Waatarua Reserve or roadside parking along Abbotts Way.

Following the AGM, you are warmly invited to join the Shed annual photo.

Our Book is Now Available !



The printer has finally delivered our first print run of the history of our shed so far.

Please Prepay as below, then collect your copy from the Office, when in the shed.

Over half the first print run is committed, so be in quick so you dont miss out.

To retain the sanity and limit the workload of our illustrious Office Manager

Please Prepay online by bank deposit.

Price is \$35 per copy.

MSAE BANK Account Number ASB 12 3618 0064616 00

If you need it couriered to your location the additional cost to pack the book in a bubble wrap envelope and courier is \$15, totalling—
\$50 including GST.

Please email your address along with a request to ship.

(Note: this price is subsidised by the Shed to make it affordable.)

Latest Newsletter from Orakei Local Board



[Click HERE](#)



[See More HERE](#)

Mal's Corner



MY RESUME

My first job was working in an orange juice factory,

but I got canned – couldn't concentrate

Then I worked in the woods as a lumberjack,
but I couldn't hack it, so they gave me the axe

After that, I tried to be a tailor,
but just wasn't suited for it.

Next, I tried working in a muffler Factory
but that was too exhausting

You Have to See This!

Our Shed Music Group when they were younger.

(In The Shed You never really know who you're working with !!)

[CLICK HERE](#)



It WILL BE a GREAT Week!

Kevin H (editor@msae.nz)

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**Donations gratefully accepted and go towards building a stunning Shed for
Members, for today and far into the future.**