



Weekly Newsletter for the 23rd Feb 2026 (136)

Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.
Otherwise you could get lost and miss out on some vital information.

New Roller Door



The Southern roller door was replaced this week because the original had developed a faulty chain opener.

This was done by an Auckland Council Contractor in response to our request to Council's Facilities Management team.

We took the opportunity to get a green one to match the colour of the Barn, container and all our planned expansions. Its looking really smart and works well.

Last Speaker



What Everyone Should Know About Palliative Care”

Watch the Video of Pip's Presentation [HERE](#)

Dr Pip Tuckey is a qualified physician at Middlemore Hospital.

Previously worked at South Auckland Hospice.

Next Speaker

Tuesday 24 February

The Missing F- word. Fauna, Flora, and Fungi

By Shed Member Peter Buchanan

Fungi form the second largest kingdom of life, a kingdom much larger than the plants kingdom. Peter will give some background about the fungal world , and its importance to ecology, plant growth, human medicine and nutrition (and the odd poisoning), plus diseases of plants and animals, the fungal conservation. Peter has recently retired after a multi decade career as a mycologist (fungal

scientist) , and continues his passion as a volunteer researcher at the government's bio economy science Institute.

Peter's presentation will be recorded.

Enjoy the Royal Edinburgh 75th Military Tattoo [Click Here](#)



Our very own Military Tattoo Video is coming soon ??

Midday Barbecues

Friday 27th February

Tuesday 10th March

Friday 27th March

Shed Tutorials

A series of tutorials will be run by Peter Montgomery on the mezzanine floor as follows.

How to Sharpen/set/care and use.

Wednesday 25th February. Scissors.

Wednesday 4th March. Wood Planes.

9.30 am Start.

Shed Board Meeting

Last Tuesday

Watch the notice board in the lunchroom for the minutes of the February Board Meeting.

Next Wellness Group Meeting

The next get together of the Wellness Group will be at Stonebake Café on

Monday 23rd February at 12 noon..

Whether you're a regular attendee or you would like to just come along out of curiosity, it is a great opportunity to share experiences over lunch and support one another in a confidential and safe environment.

As always, everyone is most welcome.

If you wish to learn more about the group, do not hesitate to contact

Pete Montgomery 0274966901

Bob Lawton 0220178213

Ken Duncalfe 0274931463

Panmure Basin Fun Day

Sunday 8th March 2026

10am - 2pm

In addition to our usual toy cars and games we will be running a stall selling products made at the Shed so

**We need lots of members (about a dozen)
to help run the three different areas.**

You don't need to be there the whole time and its a great opportunity to get to know other members and to support our local community.

Please reply to don.m.morrison@gmail.com if you want to help.

Or visit Don in the Office.

Let's make this a great day!!!!



Kaipātiki Project
share in nature's revival

See the latest Kaipātiki Project Newsletter [HERE](#)

ŌRĀKEI LOCAL BOARD

Your local news

Click [HERE](#)

History Project

We need your stories about why you are here and what the shed has done to enhance your life. Take some time to download the attached prompt and write a 100 or so words about your experiences with the shed. Add a happy picture and send to the editor so we can talk about the people, as well as the place, and what the shed means to them.

[**View and Download prompt HERE**](#)

[**Just want to talk rather than type?**](#)

Technology allows you to dictate into your phone or computer and send the file to the editor to transcribe and edit.

You can do that in the shed or at home. Talk to one of the techie type guys.

send to: editor@msae.nz

Mal's Corner

**I am a multitasker – I can listen, ignore, and forget -
all at the same time!**

Don't wear tight underwear on a long flight ;-))

A Shed is not just a place – it's an addiction !

Have a great week!

Kevin H (ed)

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Donations gratefully accepted and go towards building a stunning Shed for

Members, for today and far into the future.