



Weekly Newsletter for the 24th August 2026 (162)

Our Purpose - To Sustain or Enhance Members Mental Health and Wellbeing.

*Read the whole newsletter before clicking any links.
Otherwise you could get lost and miss out on some vital information.*

Speakers

Political Candidate Presentations for the Tāmaki Electorate.

We have invited candidates for a short presentation and question session over the coming weeks.



Tuesday 25th August.... James Christmas (ACT)

The political candidates are providing the morning tea food ;-))

Members are invited to prepare and submit questions for the speakers ahead of time allowing them to prepare succinct answers.

Hand or send questions to Mal - McLennan@xtra.co.nz before the event.

Although the wood shop will be closed, there is plenty of work in other parts of the shed. So please come along and make our guest welcome.

Tuesday 8th September – Michael Jones

Sheddie Michael will tell us about his seven day trip to the Chathams - facts and figures, history and places he visited.

Tuesday 15th September - Carolyn (Kim) King

Weasels and stoats: Trap makers - know your target. Kim is a retired professor Emerita, University of Waikato and studied weasels in the UK (1967-71) and stoats in NZ (1971-2025).

Wednesday Workshops

Learn some useful stuff.

26th August Chisel Sharpening with Pete M

2nd September Laser printing with Alan Simpson

Contact Pete Montgomery 027 4966 901 or peter@montgomery.org.nz if you would like to present a Workshop (30 to 45 minutes) on a topic of your choice.

Workshops are planned to commence at 10.45 am immediately following morning Tea.

Factory Tours

Dates to be advised....late August/September.

Wood shop closed for Extractor Installation



The long awaited reticulated dust extraction system will be installed during the week commencing

Mon August 24th.

The work will take 4 or 5 days so

**the main wood shop will be closed to members
for this period,**

apart from those helping with the installation.

All other parts of the shed will operate as usual – and the talk scheduled for Tuesday Aug 25th will go ahead.

Barbecues

Friday 28th August

Tuesday 8th September

Tuesday 22nd following the AGM



Wellness Group Meeting



The next wellness group will meet at Stonebake Café on

Monday 31st August at 12 noon.

Whether you're a regular attendee or visiting the group for the first time, this is a great opportunity to chat and share stories over lunch in a supportive and confidential environment.

As usual, everyone is most welcome to attend.

Pete Montgomery 0274 966 901

Bob Lawton 0220 178 213

Ken Duncalfe 0274 931 463

Annual General Meeting (AGM)

***Date:* Tuesday, 22 September 2026**

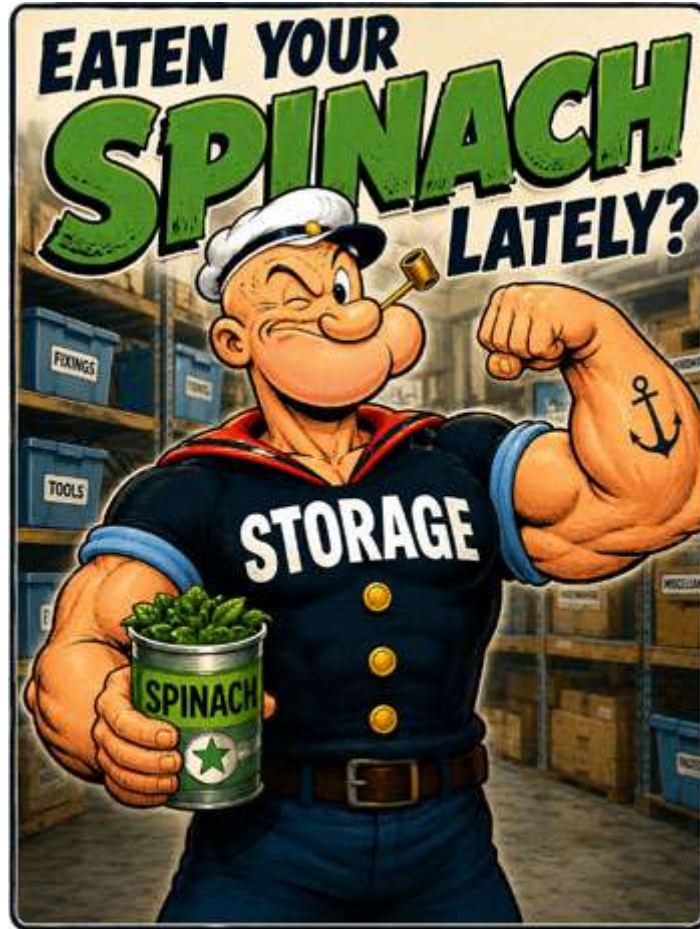
***Time:* 11:00am**

***Venue:* Men's Shed Auckland East Incorporated, 98 Abbotts Way,
Remuera**

***Parking:* Waatarua Reserve or roadside parking along Abbotts Way.**

Following the AGM, you are warmly invited to join the Shed annual photo and enjoy a fellowship BBQ with your fellow members.

To view the AGM notice, please [click here](#).



If so, the "Mob" has a job for you.

Report NOW to the Don (Godfather) in his study (Office).

Storage manager wanted.

Subscriptions 2026 – 2027 (Current members)

There are still 15 members who have not renewed their MSAEI subscription for 2026-2027. Please make sure you renew before the **end of August** to retain your current membership. The current fee is \$90 and can be paid either by cash at the office or by bank deposit. (Account details below).

Mens Shed Auckland East Inc.

A/c no. 12-3618-0064616-00

<your name> <subs 2027> in the details line.

Helpful donations

We could do with some more old sheets for cleaning cloths and some ice cream containers for storage.

For sale



Rimu drop leaf tea trolley with drawer. Circa 1920-1930. Price: \$50.

Contact John on 0272361134 or 09-5249900.

Community news



Join us at this month's Auckland East Community Network meeting.

Auckland Transport will speak about the City Rail Link (CRL). The Ōrākei Local Board will be talking about recent initiatives and updates. We will be sharing group announcements and networking over light refreshments. Come along and connect with others working across Eastern Auckland.

WHEN: 6pm - 7.30pm, 26 August 2026

WHERE: St Heliers Library, 32 St Heliers Bay Road, St Heliers.

Our August newsletter can be viewed by [clicking here](#).



An innovative EcoHub growing a sustainable future for people and nature.
For sustainable living, regenerating native biodiversity and learning opportunities about environmental sustainability, Kaipātiki Project makes it easy to live well within our Earth's limits. To view their latest newsletter [click here](#).

ŌRĀKEI LOCAL BOARD
Your local news
NGĀ KAWENGA KŌRERO MŌ TŌ ROHE



Supporting the local economy, digital seniors, 100 years of Remuera Library, Fairy Festival and Pirate Party, stalls available for Volunteer Expo, City Rail Link coming soon and more.

To view the latest Orakei Local Board newsletter [click here](#).

And on a completely different note...



Dovydas is a musician famous for original songs and dynamic guitar solos, captivating audiences with his street performances.

Karolina Protsenko is an 18 year old Ukrainian born classically trained violinist performing contemporary pop music. She can also play the piano, guitar and sing.

And when these two artists get together, magic can happen. Click on the image above to view their performance of Led Zeppelin's Whole Lotta Love.

Mal's Corner



Like a rolling wheel, our days move on.

The time that passes is gone forever.

We too often grow complacent, living as if what we see is a common place
occurrence – it is not a common place.

Life is a fantastic phenomenon of all inspiring diversity, and beauty.

Pay attention to the beauty - the fingernails of a baby, the sound of rain at twilight.
Marvel at the small things and gratitude will come and unfold a pathway into a world
of wonder.

Enjoy Your Week!

David L (assistant editor)

MENS SHED AUCKLAND EAST INC

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MSAE BANK Account Number ASB 12 3618 0064616 00

**Donations gratefully accepted and go towards building a stunning Shed for
Members, for today and far into the future.**

