



## **Weekly Newsletter for the 25th May 2026 (149)**

**Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.**

---

Read the whole newsletter before clicking any links.  
Otherwise you could get lost and miss out on some vital information.

## **Projects**

### **Building Project Progress.**



The New Engineering Shop coming together FAST !



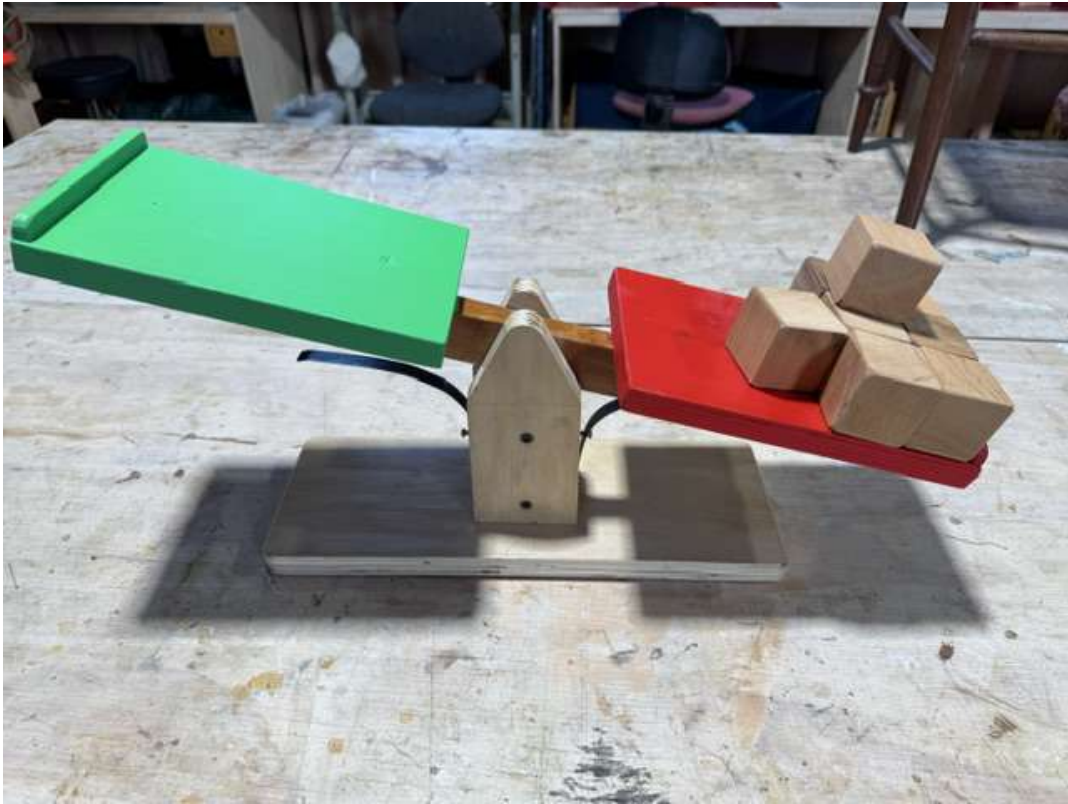
The New Woodshed looking good!



Our landlord's joining in the fun, at the front of the building.

## **Stonefields School Projects**

## Classroom Teaching Aid



Based on an old fashioned set of scales apparently used in demonstrating good and bad behaviour.

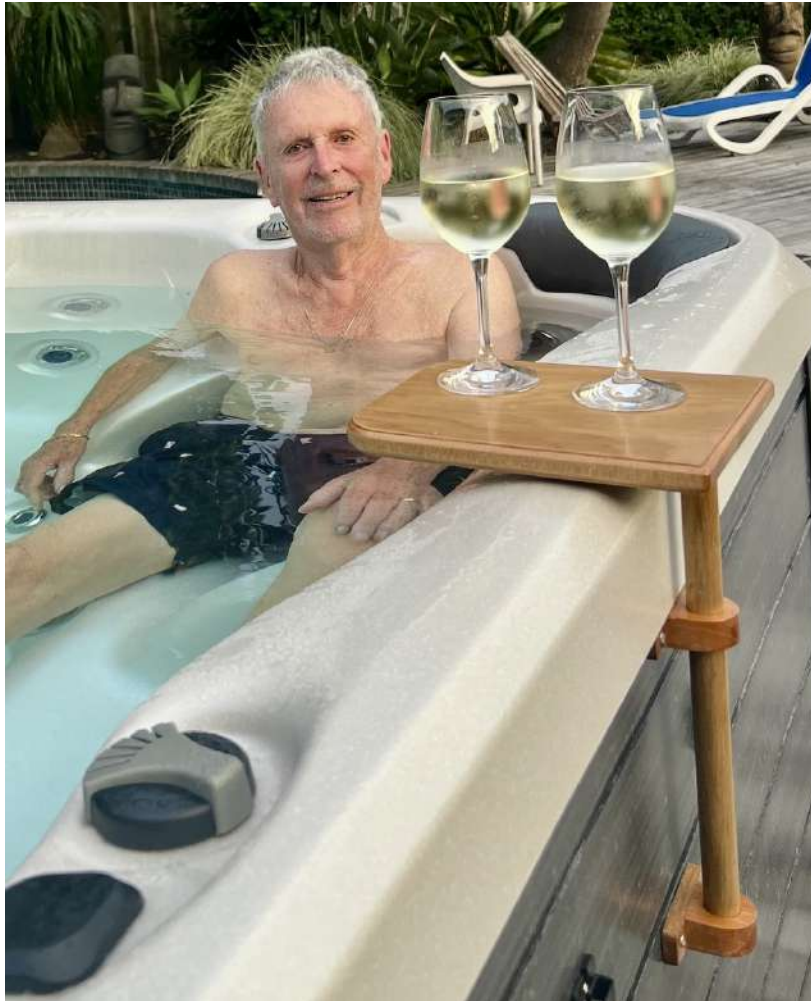
We had to come up with a design prototype utilizing springs to control the movement, then made 3 more.

## Tabletop installs



Last week sheddie Nigel High, ably assisted by Steven Bissett, finished this project installing 8 of these new cubicle table tops. Much to the joy of students and teachers alike.

## **An Elegant Solution** **to a First World Problem**



Sheddie Jack was irritated to discover his nice new Spa Pool  
had nowhere to rest a wine glass.

Holding it was very tiring at his age.

So, brother Douglas ( also a sheddie ) designed a removable wine table  
and made it from recycled Kauri.

A locking pin prevents inadvertent rotation and possible spillage.

Orders taken.. Patent pending.

**Last Speaker**



Wendy's talk last week titled **Don't leave a mess ! Leave a Legacy !** was well attended by  
sheddies.

Many purchased her books, to help with estate planning.

Wendy has spent much of her career specialising in property law, including wills, estates,  
trusts, and relationship property matters.

Her Books include,

### ***The Estate Planner***

This is a record book **you** complete with your important personal information so that your  
details  
are in one place to ensure the administration of your estate is carried out efficiently and  
cost effectively.

**and *Don't Leave a Mess; Leave a Legacy –***

***The Why and How Guide, to Completing The Estate Planner***

You can learn all about it on her website and purchase her books [HERE](#)

## **CORRECTION**

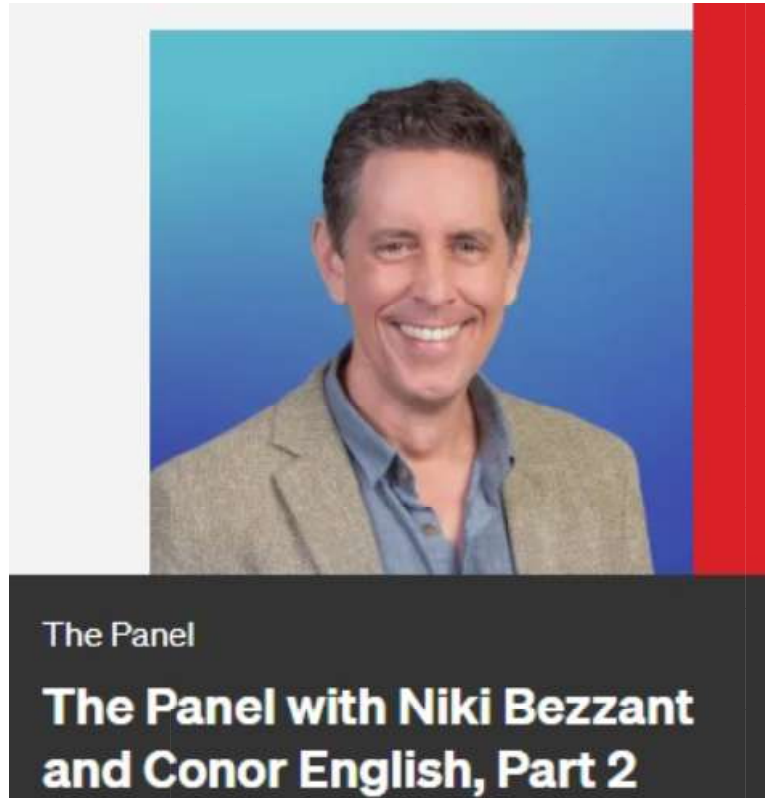
### **St Helena Presentation.**



Douglas did a great presentation recently,  
but the new shed video editor (me) messed up the editing of his video.  
( A learning experience ! ) Here's a link to the corrected video.  
**Or just go to the Video page on our website for the updated link**

[HERE](#)

**Our Shed on Radio NZ**



For those of you that missed it. Our esteemed Chairman was briefly interviewed on  
Radio New Zealand. last week.

It was a social media post by Desley Simpson, that brought MSAE to RNZ's attention.  
Well done Alan, live-cross interviews are not easy but your passion came through.

Listen to the podcast [HERE](#)

( Scroll to 17 minutes 43 seconds in the podcast on demand  
to hear Alan talking with Conor English about what we do and why. )

**May BBQ**



**Friday May 29 th**

**At Midday on the deck.**

## **Wednesday Mezzanine Workshops**

These have been proving a great success with significant number of Shed members attending and learning how to use some of our lesser known shed equipment

### **Coming Up -**

27/05/26 **Bread and Damper on the BBQ** - Joint presentation by our Baker's Bernie and Karen

A quiet heads up; that this workshop could result in some special treats for our Friday BBQ

03/06/26 **Winding, Ticking, Storey and Pinch Sticks** - Presented by Pete M

You can't buy these and some call them "Magic Sticks"

10/06/26 **Pocket Hole Jigs** - Presented by Otto

A great piece of shed equipment and a very knowledgeable presenter

17/06/26 **Sewing machine demonstration** - Presenter to be confirmed

Awesome piece of shed equipment. Learn the skills to operate

24/06/26 Knife Sharpening - Presented by Pete M

Back by popular demand. Care and maintenance of your knives

Also please contact Pete Montgomery 027 4966 901 or [peter@montgomery.org.nz](mailto:peter@montgomery.org.nz)

if you would like to present a Workshop (30 to 45 minutes) on a topic of

your choice 27th of May Bread and Damper on the BBQ Bernie and Karen

**Workshops are planned to commence at 10.45 am  
immediately following morning Tea.**

## **Vinyl Cutting workshop**

**Very well attended**



Don's vinyl cutting workshop last week was very well attended with many, many questions!

Don recently used his skills to make the lettering and red poppy for the ANZAC wreath the Shed made for the Anzac Day Memorial service, held at St Heliers Bay .

**So join in folks,**

**These workshops are both entertaining and informative.**

Make a note in your diary now, so you dont miss out.



Entries have closed, so we now await the decisions of judges.

Thanks go to Grant Sewell for the outstanding Sales job he did with our extensive submission.

And to the Sheddies who registered their support for our submission.

If I wasn't already a shed member, I would join, after reading his description of who we are and what we do !

**Looking forward to the Shed being in the Winners Circle**



Latest Newsletter [HERE](#)

ŌRĀKEI LOCAL BOARD  
Your **local** news

Latest Newsletter [HERE](#)



## **New Mens Sheds**

**Weekly Meetings in May & June. [See HERE](#)**

They are slowly building their groups.

Still keen to get men from the local ethnic and pacific communities.

Check it out and join in!



**Search "Mens Shed Auckland East"  
to find our page.**

Click the "like" button, become a follower, and leave a comment.

**It all helps our visibility, encourages the community  
and celebrates our achievements..**

## **Mal's Corner**

A guy walks into a bar and tells the bartender, "If I show you a wild trick,  
will you give me a free drink?"

The bartender says, "Sure, why not?"

The guy reaches into his pocket and pulls out a tiny rat.

Then, out of the other pocket, he pulls a teeny-tiny piano.

The rat stretches, cracks his knuckles and starts playing the blues  
like a rodent Ray Charles.

Stunned, the bartender pours him a free drink.

After finishing it, the guy says, "Now, if I show you an even better trick,  
do I drink free all night?"

"Buddy, if you can top that, you're drinking on me until closing,"

the bartender replies.

The man pulls the rat and the piano out again and this time reaches into his coat and pulls out ... a small bullfrog.

The frog clears his throat and starts belting out soulful blues lyrics.

Suddenly, a man rushes up and says, "I'll give you \$10,000 for that frog!"

The guy says, "Nope, not for sale."

"\$25,000!"

"Nope."

"\$50,000! Cash."

"Deal."

The bartender's jaw drops. "Are you crazy? That frog was a gold mine! Why'd you sell him?"

**The man smirks and says, "Relax. The frog can't sing ... the rat's a ventriloquist!"**

( Our thanks to the Labrador Mens Shed on the Gold Coast for this joke,  
and to Mal McLennan who made the trip all the way there to get it)

**WATCH Attenborough's  
Extraordinary Gorilla Encounter [HERE](#)**



**Enjoy Your Week!**

Kevin H (ed)

**MENS SHED AUCKLAND EAST INC**

**Waatarua Reserve, 98 Abbotts Way, Remuera, Auckland 1050, New Zealand**

**Facebook: Search Men's Shed Auckland East**

**Website: [www.msae.nz](http://www.msae.nz)**

**Email: [mensshedaucklandeast@gmail.com](mailto:mensshedaucklandeast@gmail.com)**

**Landline: 09 880 9800**

**News or notices: send to: [editor@msae.nz](mailto:editor@msae.nz)**

**MSAE BANK Account Number .... ASB 12 3618 0064616 00**

**Donations gratefully accepted and go towards building a stunning Shed for Members, for today and far into the future.**

