

MENS SHED

Auckland East Inc.

Weekly Newsletter for the 26th January 2026

Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.

Otherwise you could get lost and miss out on some vital information.

Visitors from across the Ditch!



Rowan Woolcock and his wife Bronwyn, from the East Malvern Mens Shed (Melbourne) were welcomed to our Shed last week by sheddies Alan Simpson, David Blackmore and many others.

They were on a cruise on the Pacific Princess that docked in Auckland so decided to return the visit that our member, Grant Sewell had made to their Shed recently. They both thoroughly enjoyed themselves, bought some of our products and gave a talk about their Shed.

We made sure they left with some MSAE mementos too !
Rowan invited any of us to pop in if we are in Melbourne, for a cup of tea and a
chin wag!

FOR SALE

At the Mens Shed we receive a lot of tool donations - some we keep, some we pass on to other sheds and items like this nice Pro-Tech 1408 drill press we try to find homes for with people who can make use of them.

This drill press belonged to a hobbyist engineer and has been well looked after with light use. It works well.
5/8 chuck . It is 990mm high.

We would like \$225 for it. Email Douglas on d.ormrod@xtra.co.nz



Notice of Site Works Restricted Areas



The next stage of the Shed Expansion Project is the site works for both the Storage Building and The Mechanical Workshop extension. This will be topsoil stripping from both areas plus excavation and post-hole boring on the Storage Building site. There will be an excavator and dump truck on site. The work is scheduled for Tuesday 27 January from 0730 and will take 1 or 2 days.

An area from the container to the inside of the barn concrete apron will be fenced off with temporary barriers and signage. This fenced off area is to be a construction zone out of bounds to non-authorised personnel. Authorised personnel will be restricted to members of the Project Control Group and any approved contractors all of whom are required to comply with the Site Safety

Plan and Hazards and Risks notices

Situations Vacant

Hurry, Hurry, Hurry. Positions are going fast!!!

Dont miss out ;-)



Machinery Introduction Leaders.

We're looking for **two Machinery Introduction Leaders**. Roger, Don L, and Don M have filled these roles since the Shed practically opened and have now earned a well-deserved step back.

Shed Induction Presenter

We are seeking a **Shed Induction Presenter** to alternate with John Tattersall on a bi-monthly basis. Sessions are scheduled in advance, usually Wednesdays (11:00–12:30), with Saturdays by mutual agreement. There's an easy script to follow — with room to add your own flair.

By stepping forward to help the running of the shed you get a **sense of purpose**, the opportunity to **meet lots of members**, discover a bit about them, and **enlarge your circle of friends**. You also have the opportunity to **establish an attitude of care and companionship**. We are here for ourselves, our fellow sheddies and our local community. We need to **create a culture of caring** for each other, our Shed, its Gear and our environment.

Step forward by contacting John Tattersall to discuss what is involved and **how**

you can help.

Email: john.t@winerackers.com Cell: [0223080220](tel:0223080220)

Or catch John in the Shed.

Shed Management Committee (SMC) Meeting

Tuesday 27th Jan

Run by Alan Simpson. Talk to him to get on the agenda

January Barbecue

Friday 30th At Midday

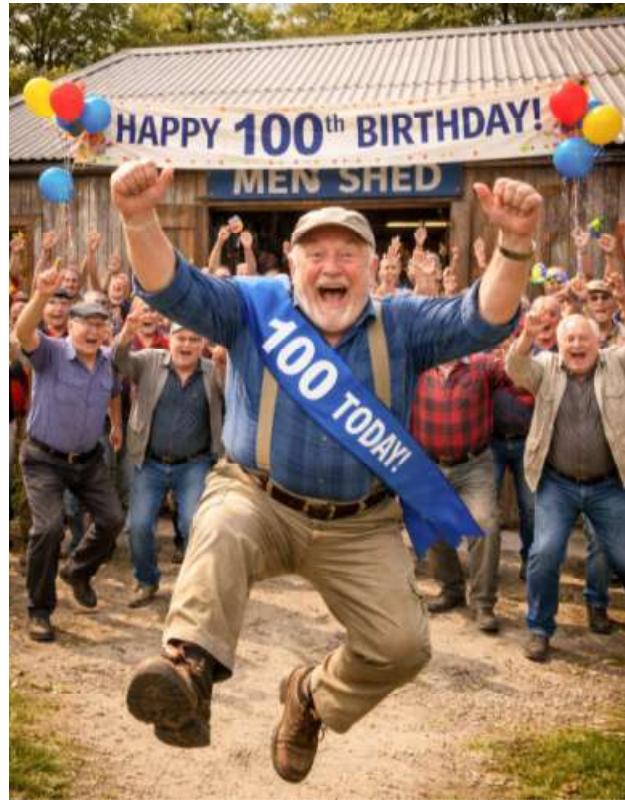
Centenary Birthday

Friday 13th of February

Our first Centenarian Sheddie, Basil, will celebrate with us in February.

There will be a cake and lots of good cheer.

Be there!



Family and Friends Day

Saturday 14th February 2026

10 am - 2 pm

(Note: Change from 7th Feb. Clashes with Waitangi Day)

Shed Board Meeting

Tuesday 17th February

Talk to Secretary John Tattersall to get on the agenda.

Panmure Basin Fun Day

Sunday 8th March 2026

10am - 2pm

New Mens Sheds Proposed

in Mt Wellington/Panmure/Glen Innes and Onehunga/Penrose/Oranga

[Go HERE for more information](#)

Book Club Proposed

At Saint Heliers Library

[For details and expressions of interest go HERE](#)

Mal's Corner

Doctors Notes on hospital patient

"The patient has no previous history of suicide

**On the second day, the knee was better, and on the third day it
disappeared**

**The patient has been depressed since she began seeing me in
1993"**

Another Great Shed Project [Click Here](#)



Have a great week!

Kevin H (ed)

MENS SHED AUCKLAND EAST INC

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MSAE BANK Account Number ASB 12 3618 0064616 00

Donations gratefully accepted and go towards building a stunning Shed for
Members, for today and far into the future.

