



Weekly Newsletter for the 28th April 2025

Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.

Read the whole newsletter before clicking any links

Otherwise you could get lost and miss out on some vital information.

Projects

Our latest Shed Project. A Wreath for the St Heliers Anzac Day Celebrations.

A huge success with locals, the Orakei Local Board and Soldiers attending the remembrance ceremony in St Heliers

Made from pool noodles so poppies can be stuck in it.

We Did Remember Them



Our wreath in action with Scott Milne from Orakei Local Board, and his wife Jennie.



Don Morrison adds some final touches



Our brand badge added to represent quality and innovation.

A subtle touch from our Marketing Man, Grant Sewell.

BIG BLUE Back in action



Members may remember the big blue box restored by Bill Lehman and Grant Sewell recently.
Here's a picture of it back in its "Home Territory" at the Highland Park Creche, providing heaps of fun for the littlies.

Another worthwhile shed project in action.



Ian Hollister knocked up a cool workbench for the new canopy work space.

Just another days work for a skilled artisan like Ian .



Otto Cheng took a pile of pieces and restored it into this elegant cat screen.



Steven Petterson is working his magic on these carved panels.

Framed and enhanced with some decorative handles, giving them a new life.

Events

Next Barbecue

Friday, May 2

At noon, on the deck with saucy sausage !



Notices

Special General Meeting

Tuesday May 13th

To approve an updated Constitution.

The Constitution.

John Just wanted to thank everyone for their input that contributed.

It has been a big help. Submissions are now closed.

It is being sent for legal review next week then will be made available for final review by the Members on its return. Before going to the SGM to complete voting on its adoption.

John Tattersall, Secretary.

And a big thankyou to John, from the Shed.

A massive effort with members and advisors over many, many hours, to get a result that we can all live with.

Retirement Village Seminar

Wednesday 14 May at 9:30 for 10 am start.

PARTNERS WELCOME



While most of us are still "young at heart" we have to admit that we are moving on and need to consider the health and safety of not only ourselves, but also those we care for.

So at some stage we may consider moving to a retirement village.

There's a lot to understand, so here's an opportunity for you to examine both sides of the ledger.

To help you decide what's right for you and your loved ones.

Come along to our seminar on May 14th.

The objective is to provide information about the pluses and minuses of Village life, ownership structures, charges and your rights and obligations.

None of the presenters are connected to owners of retirement villages.

This is purely an unbiased, information session.

Be informed, Join us.

Wellness Group Meeting

Wednesday 30th April at 12 noon.

at Stonebake Café, Lunn Ave,



As usual, all members are very welcome to join in and have a chat over a cup of coffee and lunch.

All discussion is treated in confidence.

The opportunity to engage and listen can be very helpful in dealing with life's challenges.

Feel Free to Talk to any of our organisers about content or objectives.

Peter	0274966901
Bob	0220178213
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Expressions of Interest

SHARE CLUB



Some of us were involved in these back in the day and some did quite well.

The market has changed and returns on invested funds are pretty poor these days.

If you want to attend an exploratory meeting email "Share Club" to

editor@msae.nz

Community News

May's Bird Count Campaign, Starting soon!

Your Help is Needed

Click the picture to learn more....



Weekly Workshop

Types of Sanders and their applications

Just click the Pic



More Training videos are on our website on the video page under **"training videos"**

Click [HERE](#) to see them



Mal's Corner

**Gay people are very bad at Maths-
they don't naturally multiply**

**Growing up rich is a hereditary condition –
it affects one percent of people**

**I love the Olympics – my friend and I invented a new type of relay baton :
well he came up with the idea, I ran with it**

**I keep a close watch
on this heart of mine**

[click to view](#)



Our Shed is open Monday to Saturday 9am till midday

and on Tuesday afternoon till 3 pm

Have a great week folks

Kevin H

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