



Weekly Newsletter for the 29th June 2026 (154)

Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.
Otherwise you could get lost and miss out on some vital information.

Projects

New Wood Shed Secure and in Service



Last week the doors arrived and were installed in the new Wood Storage Shed. They make it secure and have enabled us to store finished goods, some of which are waiting for the final components to be added, before delivery. These have been held up by shipping delays in the Middle East so hopefully this will be resolved shortly, components will arrive and we can complete the orders. The barn is chock full of components and construction, for a mountain of orders at present, so the New Wood Shed has arrived just in time.

Speakers

Tuesday, 30th of June - Selwyn Pearson.

In his work as a qualified personal trainer, Selwyn has started focusing on helping men over 50 to improve mobility, strength and general fitness in a simple and realistic way.

His interest comes mainly from his own experience, seeing how many blokes our age, struggle with stiffness, a loss of strength and not knowing where to start.

Tuesday 28th July Drowning Prevention

The Men's Shed is teaming up with Drowning Prevention Auckland to bring our friends, families, and members together for a quick, 30 mins water safety seminar in late July! Whether you're into surf casting, rock fishing, boaties, or just walking the dog by the river, this workshop will give you the tools to keep yourself and your loved ones safe.

Our June BBQ

Our thanks to chef's John Edwards and Bernie Ward, for the wholesome food and delicious desert.





Margaret Voyce from the Orakei Local Board congratulated our Shed members for all we have achieved in the community and for winning their Not for Profit business award. Something she said they were just so delighted to see happen.

July BBQ's

Tuesday 14th and Friday 31st

Wednesday Workshops

Where you can learn some really useful stuff.

July 1st 3D Printing with Alan Simpson

July 8th Wooden Spoke Wheels with John S

15th July Wood Dies and Stains with Snow and Nigel

22 July Biscuit Jointing with John Edwards

29th July Laser printing with Alan Simpson

5th August Pocket Hole Jigs with Otto

12th August Sewing Machine with Fraser E

19th August End grain and Pattern Board Cutting with Stephen P

26th August Chisel Sharpening with Pete M

Contact Pete Montgomery 027 4966 901 or peter@montgomery.org.nz
if you would like to present a Workshop (30 to 45 minutes) on a topic of
your choice.

**Workshops are planned to commence at 10.45 am
immediately following morning Tea.**



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Help keep Our Shed Strong

Interested?

Have a chat with a committee member and find out what opportunities are available.

Your Shed needs you—

and you'll enjoy it more than you expect!

Notice

Annual General Meeting

Our Shed's AGM, will be held at the Shed, on Tuesday 22nd of September.

Start thinking about nominations for the Board,

Bereavement News



It is with sadness that we advise members of the passing of John Levien last week. John was always a cheerful presence in the workshop, with a smile on his face and a willingness to lend a helping hand.

He will be greatly missed by all who had the pleasure of working alongside him. His family enjoyed the life of a good family man who lived life well

Mal's Corner

A sign outside a Hairdresser shop-

**Therapy is expensive-
get a haircut instead.
We are great listeners!**

**My luck is so bad
that if I bought a cemetery,
people would stop dying !**

Groucho Marx said-
I was married by a judge.
I should have asked for a Jury.....

Enjoy Your Week!

Kevin H (ed)

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**Donations gratefully accepted and go towards building a stunning Shed for Members, for
today and far into the future.**