



Weekly Newsletter for the 28th September 2026 (167)

Our Purpose - To Sustain or Enhance Members Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.

Otherwise you could get lost and miss out on some vital information.

2026 Annual General Meeting



The AGM was a great success with all the reports from the Chairman and the Treasurer being readily approved by members.

No elections were required as none of the board positions were contested.

The new board for the 26/27 year is as follows:

**Chairman: Alan Minson
Deputy: Grant Sewell
Secretary: John Tattersall
Treasurer: Andrew Tuckey
SMC Chair: Douglas Ormrod**

Board Members

**Mal McLennan
Jim Bradley
(new member)
Mark Nobilo
Denis Sullivan
Alan Simpson**

Ex Officio Board Members

**Office manager – Don Morrison
Publicity and newsletter – Kevin Hansby**

Grant Sewell and John Tattersall invited members to make suggestions on the future of the shed as they are constructing a Strategic Plan for the direction of the Shed over the next few years.

All members are very welcome to forward suggestions to

John Tattersall at

john.t@winerackers.com

or **Grant Sewell** at

sewell.grant@gmail.com

Awards

Alan presented the **Chairman's Award** to Douglas Ormrod –
recognising outstanding contribution in the rearranging of the wood workshop
and researching and managing the installation of the successful dust extraction system.

And on behalf of the Board, Chairman Alan Minson proposed Kevin Hansby become a
Life Member.

This was enthusiastically endorsed by the Meeting.

Projects

We Made A Record.....ing!!!!



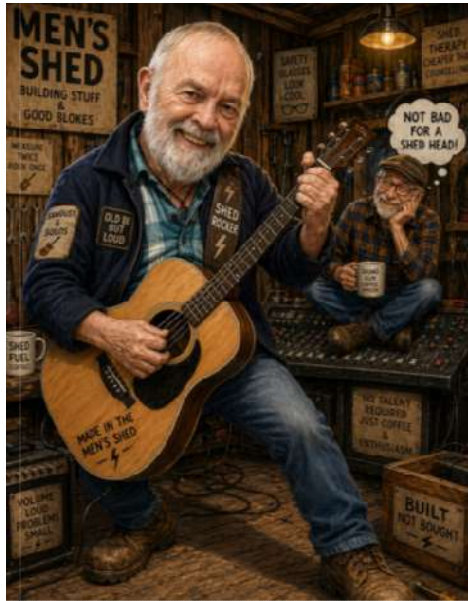
What a diverse bunch we are!

In our midst we have many talented people. Some are great builders, some great planners, visionaries, engineers, woodworkers, computerists etc etc.

One of the most unique is Simon Hacket-Pain, who is a Sound Engineer from the UK.

In conjunction with our Music Group he recently produced some powerful recordings.

We include them here, for your listening pleasure,. Enjoy!



A solo performance by our lead guitarist, Alan Simpson [HERE](#)



And the rest of the group [HERE](#)

Stonefields School Project



New member Ian Stubbs built this tough picnic table for the students last week.

"Trump's" Chandelier



Dear Alan M

Members of your hard working production crew, couldn't resist an opportunity when the electrician visited recently.

We thought of something simpler, but Dennis insisted that you wanted something akin to Trump's new ballroom,

So we went for this " puppy " in the barn.

Happy? Anon.

Community Projects Coming up.

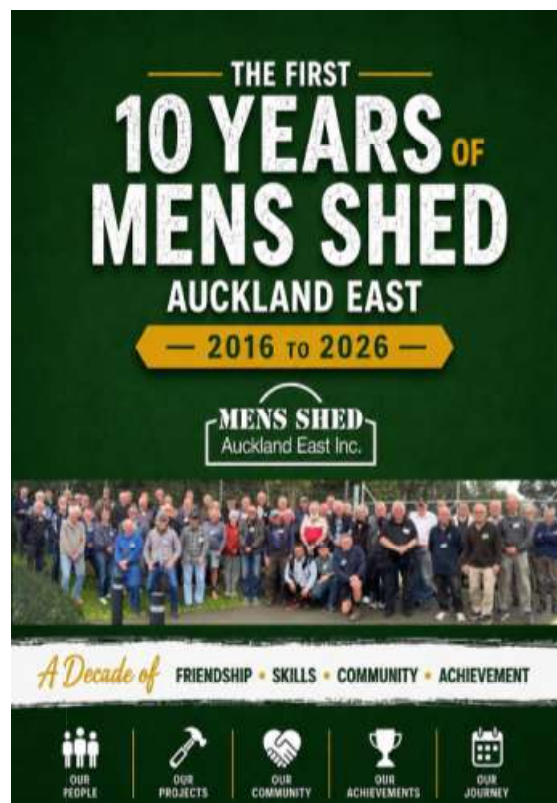
Sat Oct 10th Volunteer Expo with our toy car activity

Sat Oct 31st Halloween at St Heliers Community centre with our toy cars.

Sat Nov 21st Stonefields Market Day with our stall.

Sat Dec 12 Panmure Business Market day

10 Year Book SOLD OUT!



The first print run sold out in a few days of delivery, so we are now taking orders for a second print run.

Please place your orders ASAP so we know how many to print in the second run.

Please Prepay as below, then collect your copy from the Office, when in the shed.

It takes 3 weeks to print so the earlier you order the earlier you get your own copy.
We will advise when your copy is ready.

Please Prepay online by bank deposit.

Price is \$35 per copy.

MSAE BANK Account Number ASB 12 3618 0064616 00

If you need it couriered to your location the additional cost to pack the book in a bubble wrap envelope and courier is \$15, totalling– \$50 including GST.

Please email your address along with a request to ship to

mensshedaucklandeast@gmail.com

(Note: this price is subsidised by the Shed to make it affordable.)

Wednesday Workshops

**The organiser, Peter Montgomery, reports there have been 35
workshops so far,
They have been very popular, with over 200 attendees.
so dont miss out.**

You will learn some great stuff !

Wednesday 30th September - Wood Plane setting and Sharpening, Pete M.

Wednesday 7th October - Re Cane and vintage chair. Malcolm

Wednesday 14th October - Vinyl Sign Cutting Don M

Wednesday 21st October - Sewing Machine operation . Fraser E

Wednesday 28th October - 3D Printing. Alan S

**Workshops are planned to commence at 10.45 am
immediately following morning Tea, on the Mezzanine.**

Some Good News

for a change!!

Auckland research explores a new route into Alzheimer's and Parkinson's

University of Auckland researcher Dr Lola Mugisho has received **\$1.8 million** for a five-year study investigating how chronic inflammation contributes to diseases including Alzheimer's and Parkinson's [read more HERE](#)

A remarkable Kiwi conservation success: 325 kākāpō

The kākāpō population has reached a recovery-era high of **325 birds**, after 90 chicks from the 2026 breeding season were added to the official count. [read more HERE](#)

Can New Zealand drill for “superhot” geothermal energy?

New Zealand is preparing to drill an exploratory geothermal well **5–6 km underground**, nearly twice the depth of conventional geothermal wells. [read more HERE](#)

Students take human-powered transport towards 100 km/h

Eleven University of Canterbury engineering students have built a streamlined three-wheeled human-powered vehicle. Their previous machine reached 82.6 km/h, and this year's design puts the rider in a head-first position to reduce aerodynamic drag as the team works towards its 100 km/h goal. [read more HERE](#)

Volunteers virtually clear a huge national park of predators

Friends of Flora volunteers checked **1,342 predator traps** across Kahurangi National Park and found just one rat. Tracking tunnels detected no rodents across the wider monitoring

area. [read more HERE](#)

Barbecues

The latest News From the Kaipatiki Project [HERE](#)

The latest News From the Beautification Project [HERE](#)

**The latest News From the Auckland East Community
Network [HERE](#)**

Mal's Corner



Did you know?---

**Dogs have been companions for humans for more than 15,000
years**

A dog's sense of smell is 40 times better than ours.

Dogs can apparently understand up to 250 words and gestures.

Dogs nose patterns are unique, like fingerprints.



It WILL BE a GREAT Week if you Make It So !

Kevin H (editor@msae.nz)

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**Donations gratefully accepted and go towards building a stunning Shed for
Members, for today and far into the future.**