



Weekly Newsletter for the 31st August 2026 (163)

Our Purpose - To Sustain or Enhance Members Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.

Otherwise you could get lost and miss out on some vital information.

Welcome to another Beautiful Day in Paradise.

Spring arrives!



**We live in a beautiful country.
Lets celebrate the positives,
look after each other,
and live in harmony.**

Projects



Central dust extraction machinery arrives!

Last week, the wood shop was closed while ducting and extraction equipment was installed.

A huge contribution to the health of Sheddies, providing a clean environment to work in.



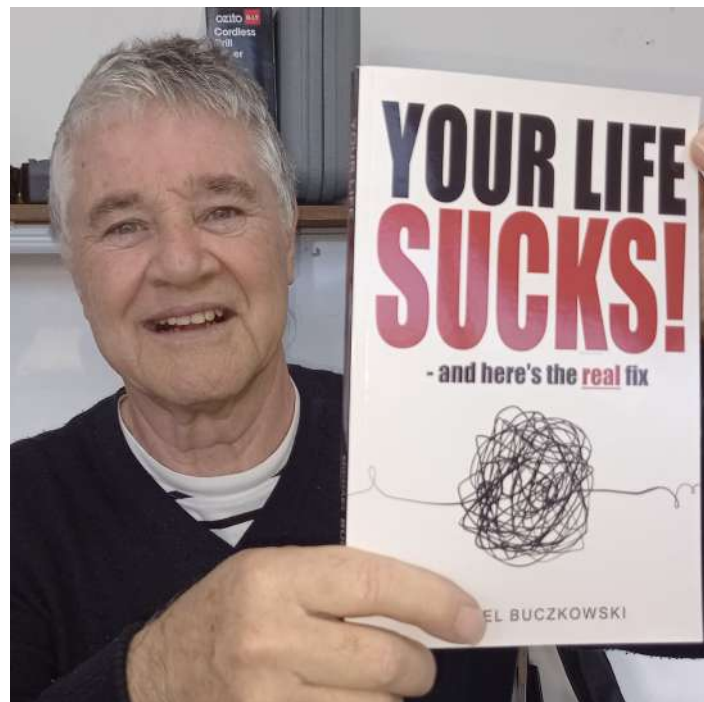
In the shed we have many skills. one of those is writing.
We have travelled life's journey, experienced the highs and lows and learnt many valuable lessons about relationships, and keeping the "wolf from the door".
Many of us have written stories about those experiences, for the benefit of anyone prepared to listen.

One such writer is Michael Buczkowski.

his book is called **"YOUR LIFE SUCKS"** and here's the real fix!

It covers life from the Frozen Gulag's (Work Camps) of Siberia,
to the heights of corporates in New Zealand
and is proving to be a popular read.

Its available on Amazon, in printed or ebook format. Just google it.



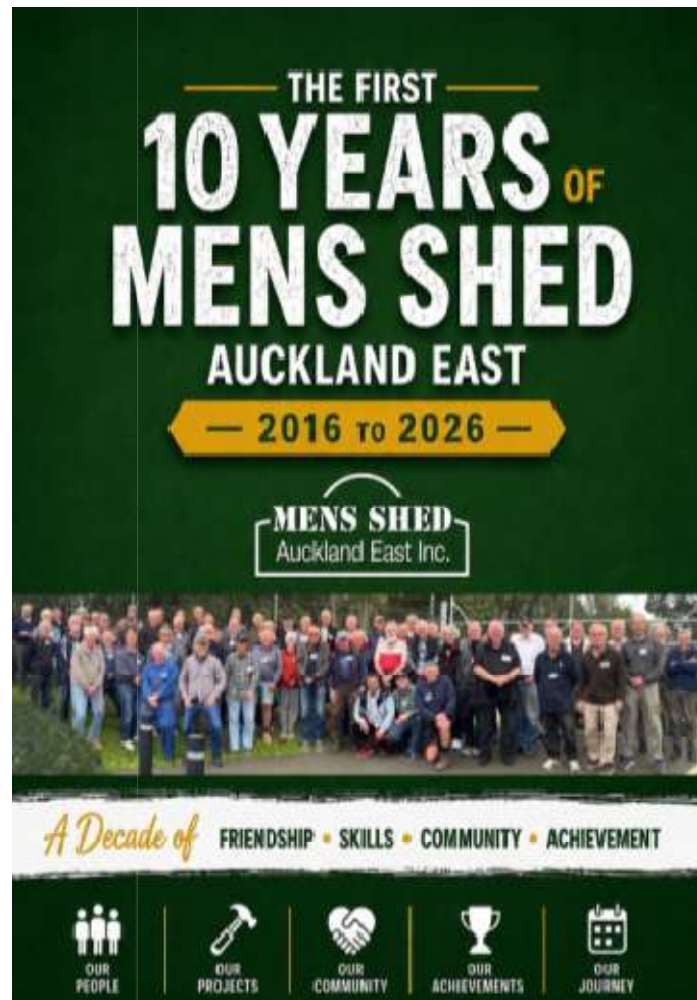
and finally, we are pleased to announce
the completion of Our Shed's Story, so far.

After many months of writing and rewriting, our story is about to see the light of day.

Our order book is open and you can be one of the first to read it.

Over 140 pages of pictures, projects and people..

You may even be in it !



Our illustrious Board has undertaken to subsidise the print cost which will be very reasonable

so you are urged to email the shed to reserve your copy from the first print run.

Just send an email to :

mensshedaucklandeast@gmail.com

and order as many copies as your family can handle!

Future Speakers

Tuesday 8th September – Michael Jones

Sheddie Michael will tell us about his seven day trip to the Chathams - facts and figures, history and places he visited.

Tuesday 15th September - Carolyn (Kim) King

Weasels and stoats: Trap makers - know your target. Kim is a retired professor Emerita, University of Waikato and studied weasels in the UK (1967-71) and stoats in NZ (1971-2025).

Wednesday Workshops

Learn some useful stuff.

2nd September Laser printing with Alan Simpson

Contact Pete Montgomery 027 4966 901 or peter@montgomery.org.nz if you would like to present a Workshop (30 to 45 minutes) on a topic of your choice.

Workshops are planned to commence at 10.45 am immediately following morning Tea.

Factory Tours

The Engineering Factory tour has been booked out

But has been RESCHEDULED.

Check with Malcolm Hardie for the new date.

The Woodworking Factory tour is to be advised.

Please register your interest with Don Morrison in the office.

90 Years old and Still on the Tools

Listen to the latest edition of The Mens Shed Wireless podcast [HERE](#)



Barbecues

Tuesday 8th September
Tuesday 22nd September
(following the AGM)

Shed Golf Tournament

It has been proposed that we challenge each other to chasing that silly little ball around the golf course.

We can either play 9 holes and retire for lunch in the Cafe

or spend an hour in the driving range with pizza's and your favourite refreshment!



We are negotiating with the local Golf Club for a deal!

But we need numbers!

Are you up for it?

email the shed, to register your interest.

Annual General Meeting (AGM)

Tuesday, 22 September 2026

Time: 11:00am

***Venue: Men's Shed Auckland East Incorporated, 98 Abbotts Way,
Remuera***

Parking: Waiatarua Reserve or roadside parking along Abbotts Way.

Following the AGM, you are warmly invited to join the Shed annual photo.

To view the AGM notice, please [click here](#).

Please Note: Your Vote is needed for the SMC Chair position

Nominations for the board are open.

Click [HERE](#) to download a nomination form.

Completed nomination forms should be handed into the office

by close of business

Tuesday 1st of September

Subscriptions 2026 – 2027 (Current members)

There are still 15 members who have not renewed their MSAEI subscription for 2026-2027.

Please make sure you renew before the **end of August** to retain your current membership.

The current fee is \$90 and can be paid either by cash at the office or by bank deposit.

(Account details below).

Mens Shed Auckland East Inc.

A/c no. 12-3618-0064616-00 <your name> <subs 2027> in the details line.

Donations

We could do with some more old sheets for cleaning cloths and some ice cream containers for storage.

Community News



Spring is on its way, and so are many opportunities and good news stories! The Beautification Trust is bustling with energy, such as events at our [Creator Space](#) with the [Let's Talk About Elections!](#) webinar and the [Ethical KiwiSaver Workshop](#), a new welcoming office space, and a pest free skip bin that's free to use. We're backing the taraapunga at this year's [Bird of the Year](#) elections, and signing up for the [March for Nature](#) to protect our conservation land.

to view their latest newsletter [CLICK HERE](#)



[Read the latest newsletter HERE](#)



[Read all about it HERE](#)

Mal's Corner



**The main benefit of Capitalism is the uneven sharing of
blessings,
while the main benefit of Socialism is the even Distribution of
misery
-said by Winstone Churchill**

**Rough Water is a true test of leadership –
in calm water, every ship has a good Captain !**

Sorry, I'm late-I came as soon as I wanted to !

**Time for a coffee and a relax
with the Cool Cats
Jazz in Manhatten
[Click HERE...enjoy!](#)**



Enjoy Your Week!

Kevin H (editor@msae.nz)

MENS SHED AUCKLAND EAST INC

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MSAE BANK Account Number ASB 12 3618 0064616 00

**Donations gratefully accepted and go towards building a stunning Shed for
Members, for today and far into the future.**