



Weekly Newsletter for the 3rd November 2025

Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.
Otherwise you could get lost and miss out on some vital information.

Speakers

My Trip to Greece

By Sidney Neale

Watch the video replay [HERE](#)



NEXT

A Windows 10 Alternative

Tuesday 4th November

at 10.30 am

Mike Milne from Kauricone will present and demonstrate

InterfaceOS Suite,

a fully fledged Operating System and Application Suite designed to run
efficiently on both refurbished and new PCs and laptops.

InterfaceOS stands out in today's market for its fresh, independent design —
built from the ground up, not tied to legacy systems like Windows or Linux. It
delivers a clean, fast, and privacy-focused desktop experience, ideal for users
who value simplicity, control, and reliability.

Mike prepared to supply and install the program

**if members are interested and have a portable computer,
bring it along on Tuesday and Mike can Install the program**

for \$99 incl GST or \$59 on a memory stick for DIY installation.

☐ **The Rat Race**



We've escaped the rat race — retired at last,

Those working years are in the past.

No traffic jams, no boss's yap,

Just time to think — and take a nap.

But fate's a joker, sly and slick,

Our peace and quiet didn't stick.

For down the Shed, with mates and chat,

We're building traps — imagine that!

Orders come from far and wide,

From trusts and islands, country wide.

We craft, we cut, we screw, we glue,

And somehow there's another queue!

We left the race to take things slow,

But wouldn't you know it — it's not so, bro!
The rats keep racing and we keep building,
And laughing out loud — it's quite fulfilling.

We're in the race again, it's true,
But this time, mates, it's fun we pursue —
With yarns, barbeques, tea, and gingerbuns,
We've trapped the joy — and dodged the rats!

EVENTS

November Barbecues

Tuesday 11th and

Friday 28th

After our monthly cleanup.

Christmas / Partners Evening

(Members and Partners only please)

Thursday 4 December

4.30 to 7pm



Family Day

Saturday 7th February

10 am - 2 pm



Great Auckland Bargain Book Fair

Barfoot and Thompson Stadium

Kohimarama.

We were there again in force. Stacking books, chatting to the punters and generally being useful !

Thanks to the Sheddies who turned up to do their bit for their local community.

Halloween

At Glendowie Community Centre

Was a great success ! Our games were well used.

Over 100 wooden race cars were assembled, decorated and raced.

Stonefields Market Day



Saturday 22nd November.

Start building stock now for a profitable event !

Liase with **Peter Montgomery** for manning and stock.

Dove Hospice Garden Ramble

Time: 10:00 AM – 4:00 PM

Saturday Nov 15th

Tour Private gardens across Auckland's Eastern Bays

The Dove Hospice & Wellness Garden Ramble invites garden lovers to explore some of Auckland's most inspiring private gardens.

It is a one-day celebration of creativity, design, and community spirit,
with all proceeds supporting Dove Hospice's free, compassionate care
for people and families facing life-limiting illness.

[MORE INFORMATION and booking HERE](#)

Notices

Graham Hawkes paid \$60 ??

into our bank account, a few weeks back, with a description "new member".

We can't find anything about him - no application form, etc.

Does anyone know him?

if so, Please Contact

James Young @ youngjim7@hotmail.com



All together Now, is a combination of Choirs comprising over 100 singers.

They are giving a performance at the Auckland Town Hall this week.

Several Sheddies will be there, singing their hearts out.

If you want an enjoyable night out. Be there.

[Buy Tickets HERE](http://www.ticketmaster.co.nz)

Want to live to a Ripe Old Age?

Join a Mens Shed,

Serve Yourself and Your Community.

Just look at our members



Over 50 members are 80 years or older.

And one is 99 !!

**Having Friends and a Purpose
is a big reason they are doing so well.**

Quotations of the Week

Mark Twain said –

**Age is an issue of mind over matter –
if you don't mind – it doesn't matter**

Lately I've been watching my weight.

It is still there.

Did you know –

we lose about 8% of our skins nerve fibres each decade –

most dramatically in our hands, face and feet.

Our shed is open from 9 am till Midday Monday to Saturday

and on Tuesday afternoon till 3pm

Have a Great Week

Kevin (Ed)

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MSAE BANK Account Number ASB 12 3618 0064616 00

(Donations gratefully accepted and go towards building a stunning

Community Facility for members today and far into the future.)
