



Weekly Newsletter for the 4th May 2026 (146)

Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.

Read the whole newsletter before clicking any links.
Otherwise you could get lost and miss out on some vital information.

"Lotsa" Projects last Week !

Wedding Flower Pedestal

John Edwards putting the finishing touches to his flower stand destined for a wedding celebration.

John built this out of kauri and turned the centre pedestal on our lathe. Something different.



Liquorice Movie Stools.

Sheddie Paul Whitcomb was given 3 pedestals to dump,
but he was so impressed with their integrity,
he decided to create some stools for his home theatre.

He built the box seats on top of the pedestals so they will lift up
to store your drinks and snacks and he decorated them to look like
his favourite Liquorice allsort.

Great recycling project, strong and useful.



Rebated Dedication Plaque

Unfortunately, dedication plaques are not too safe in public places these days. So the Shed was asked to rebate and glue this plaque to a public seat plank which will make it very hard to remove.



Phoenix Wheelbarrow

The Shed was asked to restore a garden wheelbarrow.

On close examination it was discovered that only the steel wheel could be recovered.

So Sheddie Murray Greg rolled up his sleeves and built the rest of it from scratch.

Now its good for many summers, to decorate a gardeners patch !

Its gone back to a very happy gardener, with its new "bones" and memories intact.



Next Speaker

Tuesday 19th May

Don't leave a mess !

Leave a Legacy !

Estate Planning Presentation with Wendy Hampton – Lawyer, Speaker and Author

We're pleased to welcome Wendy Hampton, BA.LL.B, an experienced lawyer with over 30 years in practice, to present an informative session on estate planning. Wendy has spent

much of her career specialising in property law, including wills, estates, trusts, and relationship property matters. After running her own legal firm on Auckland's North Shore for many years, she is now travelling around New Zealand sharing her knowledge and helping people better prepare for the future. In this practical and easy-to-follow presentation, Wendy will cover ways to make the administration of your estate simpler, more efficient, and more cost-effective. She'll also introduce *The Estate Planner*, a handy booklet she developed to help you organise all your important personal information in one place—making things much easier for your family and friends when the time comes. Wendy is known for her clear, down-to-earth approach and her passion for helping others understand what can often feel like a complicated topic.

Note: The Speaker has asked that we do not record this presentation.

So you need to be there to benefit from this vital information.

Last Speaker



“St Helena – A last Outpost of the British Empire. [Click Here](#)

Douglas Ormrod's multimedia extravaganza:
Everything you didn't know, you needed to know, about St Helena”.



Our Men's Shed was entered into the Orakei local business awards for this year.

We have since been notified we are a finalist in the **Not For Profit / Social Enterprise** category.

10% of the winning decision comes from a public vote online.

You can help The Shed win by entering a vote and asking your friends and family to enter one too.

The More Votes we get, the better our chances of winning!!

To ENTER VOTES [CLICK HERE](#)

No drama,

Just Enter your email address,

Tick the Box for MENZ Shed Auckland East under "Not For Profit section"

click submit

That's it !!

(Note: Google senses the email you log in from so others need to log in under their email address to vote.)

Wednesday Mezzanine Workshops

06/05/26

Power Planers and Sanders

Bob

13/05/26	Vinyl Cutter	Don M
20/05/26	Biscuit Jointing tables and shelves	John E
27/05/26	Bread and Damper on the BBQ	Bernie and Karen

**All workshops are planned to commence at 10.45 am
immediately following morning Tea.**

Video Workshop

**Clever things you can do with
an electric hand planer....[CLICK HERE](#)**



Nae Nae Mens Shed

Latest Newsletter [Click Here](#)

Eastern Bays Songbird News

They are revving up their **2026 Bird Count Campaign** starting this

May!

Click [HERE](#) to view and participate.

New Mens Shed's

in Panmure and Onehunga

Attached a flyer with information on where and when.

[Click Here to view](#)

Mal's Corner

**Life is like a river. you cannot touch the water twice,
because the flow has passed and will never pass again.**

Enjoy every moment of life.

One step is the start of a journey. –

One seed is the start of a forest. -

One drop of water is the start of a river. -

One moment in time is the start of eternity.

**What I choose to eat today,
is going to help me feel really good today,**

better tomorrow

and help my health in the future .

Make it a great week!

Kevin H (ed)

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**Donations gratefully accepted and go towards building a stunning Shed for Members, for
today and far into the future.**