



Weekly Newsletter for the 5th October 2026 (168)

Our Purpose - To Sustain or Enhance Members Mental Health and Wellbeing.

*Read the whole newsletter before clicking any links.
Otherwise you could get lost and miss out on some vital information.*

Projects

Our Projects live on and on.....



We received a noteworthy note from our local library this week saying.

"Our wonderful bag stand (originally made by Max Wadey to house our book bags and display books on sustainability) has found a new home. As we no longer have the storage option over at the Tamaki Hall and no place to house it in the library, we approached the Mercy op shop diagonally opposite us in St Heliers. They have accepted it with open arms and will put it to good use in housing and displaying their many items for sale.

Many thanks for making this for us. We have had some good use of it in the past, and now its serving another worthwhile purpose just across the road! "

Joanne Rutherford
Community Engagement

Events

The inaugural Mens Shed Auckland East

Golf Tournament



On October 1st, 8 members of the Shed took part in a day of superb golf at
the Remuera Golf Club

Even though it was breeding season, no ducks were harmed during the tournament.
However, they were so impressed with the speed of our play, that mother duck and her
prodginy

were quite happy to walk in front of us to check we were teeing off correctly !

Despite our engagement with the wildlife, some incredible shots were taken,
Stunning drives, cheerful chips and powerful putts were the subject of much debate on the
19th hole

where luncheon was enjoyed by all.

YOU ! can join in the FUN TOO

We have the first of a series of toy car events coming up next Saturday Oct 10th at the volunteer expo at the netball Centre from 10 a.m. until approximately 1 p.m. and we are looking for some helpers. These are always great social events and it is very satisfying to show off our shed activities to the public.

Please contact Don Morrison in the office if you can spare an hour or two.

Or email him

don.m.morrison@gmail.com

Community Projects Coming up.

Sat Oct 10th Volunteer Expo with our toy car activity

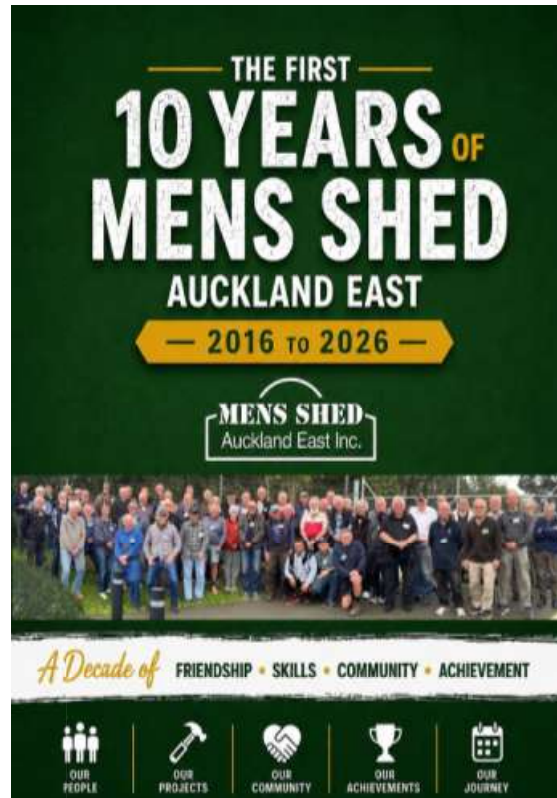
Sat Oct 31st Halloween at St Heliers Community centre with our toy cars.

Sat Nov 21st Stonefields Market Day with our stall.

Sat Dec 12 Panmure Business Market day

10 Year Book SOLD OUT!

Orders taken Now for the 2nd print run.



The first print run sold out in a few days of delivery,
so we are now taking orders for a second print run.

**Please place your orders ASAP so we know how many to print in
the second run.**

Please Prepay as below, then collect your copy from the Office, when in the shed.
It takes 3 to 4 weeks to print once numbers are finalized so the earlier you order the earlier
you get your own copy.

We will advise when your copy is ready.

Please Prepay online by bank deposit.

Price is \$35 per copy for Members

(Note: subsidised by the Shed for members, to make it affordable.)

and \$62 per copy for Non Members

MSAE BANK Account Number ASB 12 3618 0064616 00

If you need it couriered to your location the additional cost to pack the book in a bubble wrap envelope and courier is \$15, totalling– \$50 including GST.

Please email your address along with a request to ship to

mensshedaucklandeast@gmail.com

Wednesday Workshops

Learn some great stuff !

Wednesday 7th October - Re Cane and vintage chair. Malcolm

Wednesday 14th October - Vinyl Sign Cutting Don M

Wednesday 21st October - Sewing Machine operation . Fraser E

Wednesday 28th October - 3D Printing. Alan S

**Workshops are planned to commence at 10.45 am
immediately following morning Tea, on the Mezzanine.**

Good News

for a change!!



The Kiwi “insect nose” is becoming an international business

A New Zealand company, **Scentian Bio**, has raised another **NZ\$3.5 million** to commercialise technology that combines insect olfactory receptors, electronics and AI to create a highly sensitive artificial nose. [more HERE](#)

New Zealand reaches another renewable-energy milestone

Renewable sources generated **92% of New Zealand's electricity in the June 2026 quarter**, the highest renewable share ever recorded for a June quarter and the third consecutive quarter above 90%. [more HERE](#)

Orokonui wildlife is doing so well it is moving outside the sanctuary

The predator-free environment at **Orokonui Ecosanctuary** near Dunedin has been so successful that some native birds, including kākā and kakaruaia, are reaching the sanctuary's carrying capacity and beginning to move beyond the predator fence. [more HERE](#)

NZ forestry waste becomes battery material

New Zealand-founded **CarbonScape** is developing a process that converts forestry by-

products into battery-grade graphite — an essential component of lithium-ion batteries. In July, the world's largest battery manufacturer, **CATL**, entered a strategic partnership with the company to help scale the technology and bring it toward commercial production. [more](#)
[HERE](#)

Barbecues



Tuesday October 13th **Friday** October 30th

The latest News From Predator Free NZ [HERE](#)

The latest News From Trees For Survival [HERE](#)

Mal's Corner



Hard to believe I once had
a phone attached to a wall.



When it rang, I'd pick it up
without knowing who was
calling. Amazing I'm still alive

Who remembers?



**WAITING TO CALL LONG
DISTANCE AFTER 7PM
BECAUSE IT WAS CHEAPER**

**Anyone have plans to go
somewhere and stare at
their phone this weekend?**



**I STILL HAVE A LANDLINE.
OR AS I LIKE TO CALL IT,
"A CELL PHONE FINDER."**

**Enjoy some
Tennessee Whiskey [HERE](#)**



Have a GREAT Week !

Kevin H (editor@msae.nz)

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**Donations gratefully accepted and go towards building a stunning Shed for
Members, for today and far into the future.**