



## **Weekly Newsletter for the 9th Feb 2026 issue 134**

**Our Purpose - To Sustain or Enhance Members' Mental Health and Wellbeing.**

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Read the whole newsletter before clicking any links.  
Otherwise you could get lost and miss out on some vital information.

### **Works update**

**Footings for storage shed go in,.**



### **Future Speakers**

**Wednesday 18 February**

#### **What Everyone Should Know About Palliative Care”**

By Dr Pip Tuckey who is a qualified physician at Middlemore Hospital.

Previously worked at South Auckland Hospice.

Dr. Tuckey's presentation will be recorded.

## **Tuesday 24 February**

### **The Missing F- word. Fauna, Flora, and Fungi**

By Shed Member Peter Buchanan

Fungi form the second largest kingdom of life, a kingdom much larger than the plants kingdom. Peter will give some background about the fungal world , and its importance to ecology, plant growth, human medicine and nutrition (and the odd poisoning ), plus diseases of plants and animals, the fungal conservation.

Peter has recently retired after a multi decade career as a mycologist ( fungal scientist) , and continues his passion as a volunteer researcher at the government's bio economy science Institute.

Peter's presentation will be recorded.

## **Shed Management Committee (SMC) Meeting**

### **Monday 9th February**

Run by Alan Simpson. Talk to him to get on the agenda

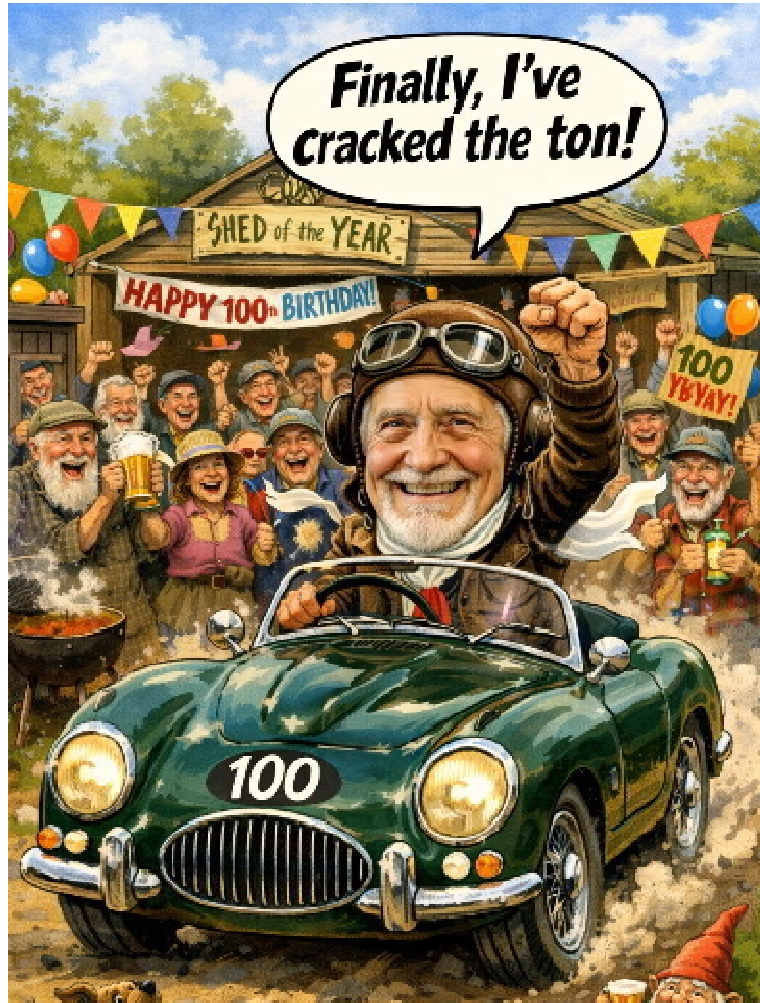
## **February Barbecues**

**Tuesday 10th and Friday 27th, At Midday**

## **Basil's 100th Birthday**

**Friday 13th of February**

Join us!



## **Family and Friends Day**

**Saturday 14th February 2026**

10 am - 2 pm

We will have a cleanup on the Friday before and put out items for display.

Tea and coffee will be provided on the day so any home baked biscuits  
or cakes would be most welcome.

There will be no machines working on the Saturday so leave your projects at  
home.



## **Shed Board Meeting**

**Tuesday 17th February**

**11 am start.**

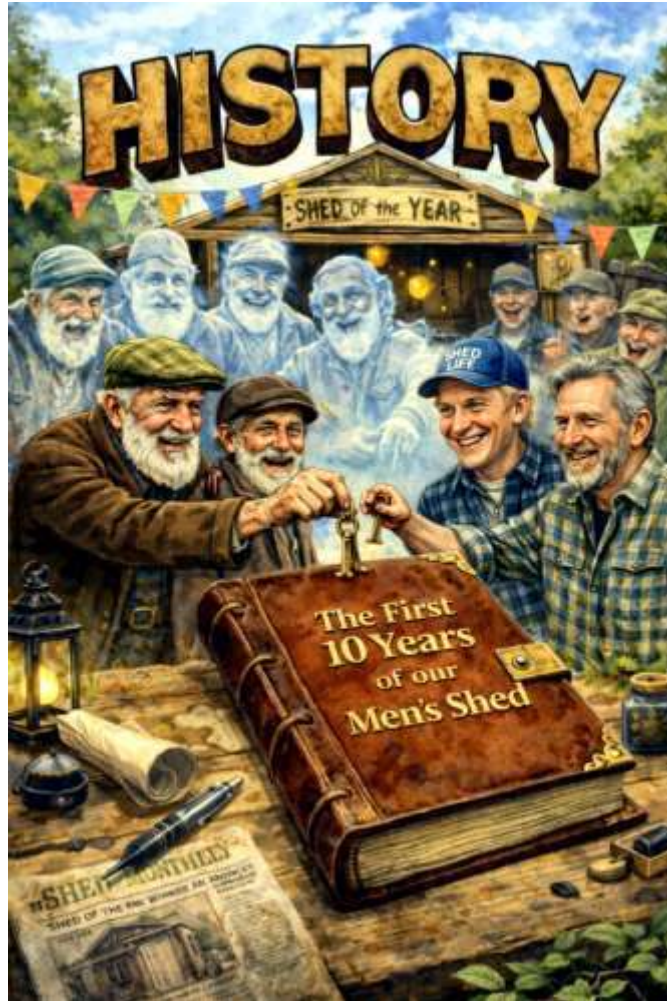
Talk to Secretary John Tattersall to get on the agenda.

## **Panmure Basin Fun Day**

**Sunday 8th March 2026**

**10am - 2pm**

## **History Project**



We are coming up to our 10th year in the shed and we have a lot to write about.

So we are starting to write the history of the first 10 years of our shed.

Its OUR SHED so its about who we are and what we have done. We need your stories about why you are here and what the shed has done to enhance your life. Take some time to download the attached prompt and write a 100 or so words about your experiences with the shed. Add a happy picture and send to the editor so we can talk about the people, as well as the place, and what the shed means to them.

**[View and Download prompt HERE](#)**

We have hundreds of stories, over 1000 community projects completed, at

least 1000 photographs, hundreds of thousands of dollars raised and invested into the building and its equipment, thousands of hours of donated man time, buckets of enthusiasm and energy expended and all to create a community owned asset that will serve the needs of retired people and others for many years into the future. We have our Local Community Board and many other organizations behind us, who share our vision to build a vibrant asset that will continue to grow for many years to come.

This is a project that will take many months to complete. **If you would like to join the editorial team** to help compile and format the material we have, just email the editor and let him know how you can help.

send to: [editor@msae.nz](mailto:editor@msae.nz)

## **Members Emergency Contact Information**

A recent check of name badges shows that there are quite a few members who have **not updated or recorded their emergency contact information** on the back of their name badges.

These are our first point of contact in the case of an emergency and therefore very important. Can you please check next time you're in?

Thanks Don Morrison

## **Mal's Corner**

**In the early 1940s, I B. M. President Thomas Watson said.  
I think there is a world market for about five computers.**

**One of the things I've learned about getting old –  
so far this is the oldest I've been**



**I've learned that life is like a roll of toilet paper –  
the closer it gets to the end, the faster it goes**

**Living to 100 has one advantage –  
there is no peer pressure**

**Join us on the  
The Rails of Time [HERE](#)**



**Have a great week!**

Kevin H (ed)

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**MSAE BANK Account Number .... ASB 12 3618 0064616 00**

Donations gratefully accepted and go towards building a stunning Shed for  
Members, for today and far into the future.

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